2019 Holiday Spirit Classic Hosted by Miami University and MAKOS December 13-15, 2019

REMINDERS:

The meet is for 9 and over athletes only.

The meet will be closed when the number of entries near the 1100. **This meet fills very quickly.**

Entries open at 8 AM on Monday November 25. (See meet information for schedule.)

The 400 IM and the 500 free on Friday will require a "B" qualifying time. (See page 7).

Make checks payable to Miami University.

Entry procedure:

Note we are using a same YMCA OME system we used last year. All entries must use this process. Your meet entry files are uploaded to:

http://ymca.ymcacompetitiveswim.org/YMCANatsEntry.asp?M=SpiritClassic

You may enter as many times as you like. Each entry must be a complete entry as all your previous entries will be deleted.

Relay only swimmers MUST be entered on a relay.

Entries close Wednesday, November 27, 2019 at 7 PM.

Please address entry questions to: meetentries@MiamiOh.edu

Note:

As you get ready to upload your entries look down to the left hand corner and you can tell how many swimmers are entered in the meet.

December 13-15, 2019
Held under the Sanction of United States Swimming, Inc. Sanction #OH-20SC-46

(Chris McKinney -Head Coach) (Terri Shannon -- Meet Director)

POOL LOCATION:

Corwin M. Nixon Aquatic Center, Miami University, Oxford, Ohio.

750 S. Oak St.

Oxford, OH 45056 513-529-1844

POOL TYPE:

The Corwin M. Nixon pool is a 50-meter x 25-yard pool with adjacent diving well.

The competition pool will consist of two 25-yard courses, 9 lanes each in prelims with a depth of 6 to 10 feet.

Continuous warm-up and warm-down areas will be available in the diving well.

The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming;

Note: Swimmers will not be permitted in the adjacent leisure pool.

RULES:

The meet will be governed by current USA-S Swimming Rules. All participants must be currently registered USA-S Athletes as provided in Article 302. There will be no USA-S registration at the meet. Age as of the first day of competition will determine eligibility for the meet. Ohio LSC swimming safety guidelines and warm-up procedures will be in effect at this meet. See the section: **Warm-ups** for description of warm-up procedures in this meet.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke wedge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

In compliance with USA Swimming Rules and Regulations the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Please refer to the Safe Sport section of the Ohio Swimming, Inc. policies and procedures for further information regarding the use of visual recording devices.

Under no circumstances are cameras or any other recording device allowed in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during the competition and warm-up.

Deck changes are prohibited.

Unless approved in writing in advance of the competition by the Vice President of Program Operations, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."

EVENTS:

- The meet will be swum in accordance with the accompanying Schedule of Events.
- PLEASE NOTE: This meet is for swimmers age 9 and OLDER. To accommodate our younger swimmers, there is a separate meet for 8 and Unders ONLY on Sunday, Dec. 8, 2019.
- Friday evening events and all relay events will be TIMED FINALS.
- The 1000 –yard freestyle will be a TIMED FINAL event on Sunday morning. Positive Check in will close at 10am on Sunday **Athletes will not be seeded unless they check in.** All heats of the 1000-yard freestyle will be swum fastest to slowest following Sunday morning prelims in two courses. We reserve the right to limit the number of heats in the 1000 to 3 for each gender.
- The 400 IM and the 500 Free will require a "B" cut to qualify to swim. Qualifying times are listed on the Schedule of Events. (page 7).

- We reserve the right to require positive check in on Friday evening and limit events if the timeline is over four hours. The remaining individual events will be PRELIMINARY and FINALS. Consolation & Championship finals will be swum for the 11-12, 13-14, and 15 & over events. Only one Championship final heat will be swum for the 9-10 age group.
- 18 lanes will be used for prelims and timed final events. One course of 9 lanes will be used for finals.

ENTRY RESTRICTIONS:

- Swimmers may enter no more than three (3) individual events per day. If an entry is submitted with an individual entered in more events than this rule allows, the entry will be made by order of events starting with event #101 until the rule is satisfied. There will be no refunds.
- <u>Positive check-in</u> will be required for the 1000 free on Sunday. All other events will be pre-seeded. The meet referee will have the authority to add or combine heats.
- The Meet Director reserves the right to return entries in order to control the duration of the meet. Entries will be accepted on a first come basis (SEE ENTRY DEADLINE). The Meet Director will also have the authority to add heats if time permits. The meet will be limited to 1100 swimmers. No team will be split.
- Late entries, e-mail, fax or phone entries will not be accepted.

ADAPTIVE SWIMMING:

Swimmers with a disability are welcome to enter this meet. At the time of entry, the coach or person entering the swimmer must alert the Meet Director, the Ohio Adapted Chair, and the Meet Referee regarding the nature of the swimmer's disability, the swimmer's classification (if classified) and special accommodations or seeding arrangements being requested.

ENTRY FEES:

INDIVIDUAL EVENT: \$6.00 entry

<u>RELAYS</u>: \$8.00 per entr OSI Fund: \$5.00 per swimmer

DECK ENTRIES/FEES:

THERE WILL BE NO DECK ENTRIES.

ENTRY INFORMATION:

1. Entry forms and fees should be mailed to:

Terri Shannon (513) 529-8154 Cell (513) 255-5043 750 S. Oak St.

Oxford, OH 45056

Email: meetentries@MiamiOH.edu

- 2. Entries will not be accepted until 8am on Monday, Nov. 25, 2019.
- 3. Teams should submit entries electronically, using Hy-Tek or compatible software.
- 4. Make checks payable to: Miami University. A check or a copy of the check request is due before your team will be able to participate. Checks may be mailed or hand carried to the meet.

ENTRY DEADLINE:

- Entries close at 7 PM on Wednesday, Dec. 4, 2019.
- Reminder all entries are online (See Page 1)
- E-mail or mail the USA-S Membership Meet Entry Form to meetentries@MiamiOh.edu
- No entries will be accepted after the entry deadline.
- A psych sheet will be posted on the Miami University Aquatic Club website by Sunday, Dec. 8, 2019.
 www.swimmakos.com.

FINAL RESULTS:

Final results will be posted on the MAKOS website. www.swimmakos.com

SCRATCH RULE:

"Scratch Procedures will follow the OSI Scratch rules: Section 4.5.6 of the OSI Policy Manual.

AWARDS:

Individual Events Medals 1st - 3rd place, Ribbons 4th - 18th place

Relays; Medals 1st - 3rd place

High point awards for 9-10, 11-12, 13-14 and 15 & Over events will be awarded. These awards will be made to the swimmer in each age-group with the most points regardless in what age group their points were earned.

TIMERS:

Because we conduct competition in two pools, it is necessary to ask that each team with 10 or more athletes provide two (2) timers per session, possibly including the final sessions (although we hope to not need volunteers for the finals). A list of assignments will be provided prior to the meet based upon team size. Timers will need to sign in at the timer check-in table in the concourse and report to the Head Timer 30 minutes prior to the beginning of each preliminary session in the wet classroom downstairs.

SCORING:

Individual events: 22-19-18-17-16-15-14-13-12-10-8-7-6-5-4-3-2-1.

SCHEDULE:

<u>Friday Evening Events:</u> WARM-UPS: 5:00 PM TIMED FINALS: 6:05 PM We reserve the right to require positive check in on Friday evening if the timeline is over four hours.

Saturday & Sunday Events:

Morning Session (13-14, 15 & Over Events)

Afternoon Session (11-12; 9-10)

WARM-UPS: 6:45 AM Warm-ups: TBA

BEGIN: 8:05 AM PRELIMS: (9&10 – 11 & 12) TBA

Saturday FINALS SESSION

9 & Over events WARM-UPS: 5:30 PM FINALS: 6:30 PM

Sunday FINALS SESSION

9 & Over events

WARM-UPS: 5:30 PM FINALS: 6:30 PM

NOTE: There is only one championship heat at night for the 9-10 age group events.

REGISTRATION:

Each competing Club's coach must be present and have current USA-S Coaches' Registration available to show the Meet Referee. Teams, regardless of size, are required to register coach/sponsor's name with the meet referee before swimmers will be allowed to begin warm-up. At that time, current coaches' registration must be shown. Unattached swimmers not practicing with a competing club must have the name of a certified coach registered with the Meet Director and Referee before he/she will be allowed to compete.

WARM-UPS:

Swimmers must enter the water feet first from the edge of the pool with one hand in contact with the deck. **Teams will be assigned warm-up lanes prior to the meet. Check the website for assignments.**

MEET MARSHALS:

Marshals have authority through the Meet Director to control warm-ups. A swimmer and/or coach may be removed from the deck for non-compliance with warm-up procedures.

DIRECTIONS:

Maps available on the MAKOS website. www.swimmakos.com

PARKING:

Event parking will be available in the parking garage located next to the Recreational Sports Center. There is limited street parking around the Rec Center. You will need to pay any meters, and you must park in a legal parking space. Questions about parking should be directed to the Parking Service Office at 513-529-8535. Check the website for any other parking information www.swimmakos.com.

CLERK OF COURSE/SWIMMER CONDUCT/PARENT CONDUCT

There will be NO Clerk of Course.

All swimmers should report directly to the starting blocks for their events.

All swimmers are expected to conduct themselves in an appropriate manner. It is the responsibility of all parents to ensure all minor participants/spectators are well behaved and under supervision at all times. Any swimmer acting in an inappropriate manner will be reported to their coach. If the swimmer is reported a second time, they will be banned from participating for the remainder of the meet.

ALL parents are to remain in the gallery area and are not permitted on the pool deck unless they are serving in a volunteer capacity such as a timer or meet official.

CONCESSIONS/FACILITIES:

Natatorium concessions are available to everyone. Hospitality for coaches and workers will be available in the Wet Classroom, adjacent to the pool entrance.

ABSOLUTELY NO SMOKING IS ALLOWED ON THE MIAMI UNIVERSITY CAMPUS.

SwimvilleUSA Swim Shop will be available at the meet.

VENUE RULES:

Deck Access: Deck access is restricted to competing athletes, registered coaches, officials and meet workers. No parent or spectator will be allowed on deck except at the request of the meet officials or meet director.

Locker Rooms and Changing Facilities: The Women and Men's locker rooms are located on the pool deck level. Locker space is not available. Belongings may be stored on deck in team areas. Miami University is not responsible for any lost or stolen items.

First Aid/Training Needs: Lifeguards are trained to handle water emergencies and first aid on the deck. Please report all first aid issues to the Aquatic Staff.

Prohibited Items: The following items are not permitted in the facility: Glass, lawn chairs, coolers, and helium balloons. There is no food allowed on the pool deck.

Banners: One professionally made banner per team may be displayed. All banners will be hung by the facility staff.

Flash Photography: Flash photography is not permitted at the start of any race.

Deck changing is not permitted.

Team Seating: Team seating is available on a first-come basis by session. Belongings should be removed from the deck between sessions for area cleaning. Spectator gallery is also available on a first-come basis. Saving of seats is prohibited.

Wireless Internet Access: Wireless internet access will be available throughout the meet. Access through MU-Guest.

MEET OFFICIALS:

All USA Swimming certified officials willing to volunteer should fill out and submit the Application to Officiate found in the meet information on the Ohio Swimming Website or the MAKOS website. Requests for evaluations are also located on these websites.

Official's uniform will be white over navy for all sessions. Shorts are permitted for Preliminaries. Long pants (men or women) or modest length skirts (women) will be worn for finals.

White covered toe athletic or deck shoes for all sessions

Please provide the names of your officials via e-mail to Bill Houk at houktw@miamioh.edu.

This meet is an Officials Qualifying meet for certification at the N2 and N3 initial levels and for N2 and N3 recertifications. Officials wishing to be evaluated should note this on the Officials Application form. Requests for Evaluation should be submitted to Bill Houk. Note: to be evaluated for certification or re-certification at any level, an official must work at least 4 sessions at the meet, even if the evaluation requirement is for only 2 or 3 sessions in a specific position."

Special notice to those interested in obtaining National Certification as a Chief Judge, Starter, or Referee: First priority for assigned positions will be given to those seeking certification, as well as, a commitment to working all sessions of the meet. This better serves the athletes and provides a consistent training experience. Preference will also be given to those seeking either an N2 or N3 Evaluation. If the evaluation is for "Recertification", then one must work the minimum number of sessions in each position in which he/she is recertifying. For specific requirements, refer to the <u>USA Swimming</u> website, the Members Resources section under Officials –Testing and Certification /National Certification.

Toys For Tots: PLEASE NOTE!

This meet is named the "Holiday Spirit Classic" with the intent of reminding all participants to think about the spirit of giving during the holiday season. In promoting this spirit, each swimmer is asked to bring one unwrapped, new toy, which will be collected at the meet in marked barrels and given to a less fortunate child via the Toys for Tots program. The Makos team asks that all coaches communicate this request to all swimmers and parents in their program with the goal of collecting hundreds of toys at this meet which will later be wrapped and distributed to the under privileged children in the area. Thanks, in advance, for your help in this worthwhile cause. Over the past several years, swimmers have made this effort very successful.

USE OF RECREATIONAL SPORT CENTER:

Use of any portion of the Recreational Sports Center by parents, athletes, and siblings while not involved in the meet is available for a \$9.00 a day for adults and \$7.00 a day charge for children ages 2-12 at the Membership window. You will receive a wristband. There is an additional charge for the climbing wall or to attend classes. The Fitness Center is for adults (over 18 years of age) use only.

Facility Hours**		<u>Leisure Pool Hours</u> **		
Friday	6am - 8pm	Friday	7am – 7:45pm	
Saturday	8am -6pm	Saturday	8am – 5:45pm	
Sunday	10am -6pm	Sunday	10am - 5:45pm	

** Children 14 and under must be accompanied in all facility areas by an adult. Youth 15 – 18 years old are required to have a parent purchase the youth's pass. Call (513) 529-8181 for additional information.

MEET STAFF

<u> </u>		
Meet Director:	Terri Shannon	(513) 529-8154 <u>shannot1@MiamiOH.edu</u>
Entry Chair:	Terri Shannon	(513) 255-5043 (cell) meetentries@MiamiOH.edu
	Claudia Multer	(513) 255-0158 meetentries@MiamiOH.edu
Site Managers:	John Mihevic	(513) 529-8155 <u>mihevijp@MiamiOh.edu</u>
Coordinator of Officials: Bill Houk		(513)523-3080 or (513) 403-4868 <u>houktw@miamiOH.edu</u>

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Schedule of Events

Schedule of Events							
	Friday Evening						
<u>Girls</u>	<u>Event</u>	<u>Boys</u>		<u>Girls</u>	B Cut Times	<u>Boys</u>	
101	13-14 400 IM	102		6:05.79		5:41.79	
103	15 & Over 400 IM	104		5:57.59		5:29.09	
105	9-10 200 IM	106					
107	11-12 200 IM	108					
109	13-14 500 Free	110		6:49.39		6:26.59	
111	15 and Over 500 Free	112		6:40.69		6:12.59	
113	9-10 200 Free	114					
115	11-12 500 Free	116		7:09.09		6:57.29	
	Saturday Morning				Sunday Morni	ng	
Girls	Event	Boys	<u>Girls</u>		Event		Boys
201	13-14 200 Free Relay	202	301		13-14 200 Medley	Relay	302
203	15 & over 200 Free Relay	204	303	1	.5 & over 200 Medl	ey Relay	304
205	13-14 50 Free	206	305		13-14 200 Fl	у	306
207	15 & Over 50 Free	208	307		15 & Over 200	Fly	308
209	13-14 100 Fly	210	309	•		310	
211	15 & Over 100 Fly	212	311		15 & Over 100 B	reast	312
213	13-14 200 Free	214	313		13-14 200 IN	1	314
215	15 & over 200 Free	216	315		15 & over 200	IM	316
217	13-14 200 Breast	218	317		13-14 100 Fre	ee	318
219	15 & Over 200 Breast	220	319		15 & Over 100 F	ree	320
221	13-14 200 Back	222	321		13-14 100 Bad	ck	322
223	15 & Over 200 Back	224	323		15 & Over 100 E	Back	324
			325		Open 1000 Fr	ee	326
	Saturday Afternoon				Sunday Afterno	oon	
<u>Girls</u>	Event	Boys	<u>Girls</u>		Event		<u>Boys</u>
225	11-12 200 Free Relay	226	327		11-12 200 Medley	Relay	328
227	9-10 200 Free Relay	228	239	• •		330	
229	11-12 50 Back	230	331	· · ·		332	
231	9-10 100 Back	232	333		9-10 50 Fly		334
233	11-12 100 Fly	234	335		11-12 100 Brea	ast	336
235	9-10 100 Fly	236	337		9-10 100 Brea	st	338
237	11-12 50 Free	238	339		11-12 100 IN	1	340
239	9-10 50 Free	240	341		9-10 100 IM		342
241	11-12 50 Breast	242	343		11-12 100 Fre		344
243	9-10 50 Breast	244	345		9-10 100 Fre		346
245	11-12 200 Free	246	347		11-12 100 Bad		368
			349		9-10 50 Back		350

Schedule of Events

	Saturday Evening		_	Sunday Evening	
Girls	Event	Boys	Girls	Event	Boys
229	11-12 50 Back	230	331	11-12 50 Fly	332
231	9-10 100 back	232	333	9-10 50 Fly	334
205	13-14 50 Free	206	305	13-14 200 Fly	306
207	15 & Over 50 Free	208	307	15 & Over 200 Fly	308
233	11-12 100 Fly	234	335	11-12 100 Breast	336
235	9-10 100 Fly	236	337	9-10 100 Breast	338
209	13-14 100 Fly	210	309	13-14 100 Breast	310
211	15 & Over 100 Fly	212	311	15 & over 100 Breast	312
237	11-12 50 Free	238	339	11-12 100 IM	340
239	9-10 50 Free	240	341	9-10 100 IM	342
213	13-14 200 Free	214	313	13-14 200 IM	314
215	15 & Over 200 Free	216	315	15 & Over 200 IM	316
241	11-12 50 Breast	242	343	11-12 100 Free	344
243	9-10 50 Breast	244	345	9-10 100 Free	346
217	13-14 200 Breast	218	317	13-14 100 Free	318
219	15 & Over 200 Breast	220	319	15 & Over 100 Free	320
245	11-12 200 Free	246	347	11-12 100 Back	348
221	13-14 200 Back	222	349	9-10 50 Back	350
223	15 & Over 200 Back	224	321	13-14 100 Back	322
			323	15 & Over 100 Back	324

Held under the sanction of USA Swimming, Inc. #OH-

USA Swimming Registration Waiver Form

Location: Corwin M. Nixon pool, Miami University

Date: **December 13-15, 2019**

You must return this form with your check.

- 1. The undersigned team representative certifies by his/her signature that all the athletes participating for or entered by the team in this sanctioned swim meet are currently member athletes of USA Swimming, Inc.
- 2. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is a current coach member in good standing of USA Swimming, Inc.

Team:	Code:	
Head Coach Name:	Email:	
Team Representative's Name (printed):		
Team Representative's Signature: Team Contact's Email		
Address:	(We will use this email to update you on this meet)	
Number of Coaches Attending:		
Did you include: Entry report Check This report, com	pleted and signed	
Number of Outreach Individual	attending the meet: Events: ers attend the meet:	-
Number of Individual Events (d Number of Relay Events x \$8.0	nclude Outreach) x \$5.00 per swimmer (LSC fee) = \$ lo not include Outreach) x \$6.00 = 10 =	

A paper copy of your entries must be sent along with your check and this page.

Make Checks Payable to: Miami University

Hard copies can be sent to: Miami Recreational Sports Center, c/o Terri Shannon, 750 S. Oak St., Oxford, Oh 45056 Phone – 513-529-8154 Cell: 513-255-5043

Email – meetentries@MiamiOh.edu Web - www.swimmakos.com

Oxford Area Hotel Guide

Oxford Area Lodging					
Baymont Inn and Suites	5190 College Corner Pike	(513) 523-2722			
Barker's Bed & Breakfast	5815 Brown Road	(513) 523-1107			
Best Western Sycamore Inn	6 E. Sycamore	(513) 523-0000			
Comfort Inn	5056 College Corner Pike	(513) 524-0114			
Hueston Woods Resort	RR 1, College Corner	(513) 664-3500			
Marcum Conference Center & Inn	100 N. Patterson	(513) 529-2104			
Elms Hotel/Holiday Inn	75S Main St.	(513) 524-2002			
Hampton Inn	375 S. College Ave.	(513) 524-2012			
Hamilton Area Lodging					
Hampton Inn Northwest/Fairfield	430 Kold Dr.	(513) 942-3440			
Holiday Inn Express	6755 Fairfield Business Center	(513) 860-2900			
Courtyard by Marriott	1 Riverfront Plaza	(513) 896-9463			