**ECST Inter squad Meet**

**November 15, 2020**

**Sanction:** This meet is approved by USA Swimming and Indiana Swimming.

**Host:**  East Central Swim Team

 Brandon Loveless

 1 Trojan Place

 St. Leon, IN. 47012

**Location:** East Central High School

 1 Trojan Place

 St. Leon, IN 47012

**Facility:** The 25-yard pool consists of six lanes, with a starting end depth of 12 feet and the turning end depth of 4 feet, separated by non-turbulent lane markers. The competition course has not been certified in accordance with 104.22C(4). Each lane is equipped with Colorado electronic timing system. Digital watches are used as backup. Bleacher spectator seating is provided.

**Facility Note:**

 **East Central High School is a tobacco free facility.**

It is important that all people attending this meet, whether it is swimmers, coaches, or spectators, treat this facility with the utmost care. The following rules will be strictly enforced:

* + - **Keep all trash picked up (swimmers and teams in particular).**
		- Do not go, or let children go, in any unauthorized areas.
		- **Please keep children supervised at all times.**
		- Due to USA Swimming insurance requirements, **ONLY** swimmers,

coaches, officials and volunteers are allowed on deck.

All will be required to wear masks and socially distance.

All teams will be required to stay in their assigned spot. **There can be no exceptions!**

* + - No radios, balls, or anything that will be an inconvenience to swimmers, coaches, officials, workers, will be allowed.
		- Masks will be required on premises and all spectators are expected to socially distance
		- Spectators are limited to 1 per athlete
		- Screenings will be performed upon entry and all Athletes (Parent or Guardian if athlete is a minor), Coaches, Officials, Volunteers and Spectators must sign a COVID 19 Waiver

**Meet Format:**

 The meet will be timed finals format with two sessions on Sunday.

**Eligibility:**

 Swimmer(s) can or cannot be registered with USA Swimming to be accepted into this meet. Age as of November 15, 2020 shall determine the swimmer’s age for the entire meet. Indiana Swimming does not process onsite memberships.

 IHSAA swimmers may need to obtain a waiver to be eligible to compete in this meet.

**Rules:** Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

202.5.3: At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet.

 202.4.9 D: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

 202.4.9 H: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms.

 202.4.9 I: Athletes must come dressed for competition. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Locker room access will be limited

 202.4.9 J: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice-Chair.

 Coaches and Officials MUST constantly display their current USA Swimming credential or Deck Pass to gain deck access. The meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid/current.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming Rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

**Statement Regarding COVID 19**:

 An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

 USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

 **BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND INDIANA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.**

**Safe Sport 360:**

 The Minor Athlete Abuse Prevention Policy prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.

 § Pursuant to USA Swimming Rules and Regulations and federal law, it is every member’s responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at [www.uscenterforsafesport.org/report-a-concern](http://www.uscenterforsafesport.org/report-a-concern). Various state laws may also require reporting to law enforcement or to a designated child protection agency.

 § All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after [insert date that is 30 days prior to the last date of the actual competition], who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after [insert same date], who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

**Deck Access**:

 As per USA Swimming Rules & Insurance coverage, only current coach members and current official members may be allowed on deck at meets (aside from host club volunteers/timers, etc.).  If a coach or an official cannot prove membership **they will not be allowed on deck at any time during the meet, no exceptions.**

**Entry Limits:** Swimmers may enter Four (4) individual events per day plus relays. Entries submitted with an individual entered in more events than allowed will be placed in the first events entered in numerical order. If a swimmer is cut because of a timeline problem, they may be placed back into the meet if there is a scratch. ECST reserves the right to limit the number of swimmers in any one or more events to maintain a reasonable length of the meet.

**Entry Fees:**

* There is a $2.00 per swimmer surcharged assessed by Indiana Swimming.

**DEADLINE:**

* Entries will be accepted starting October 12, 2020.
* Entry deadline is November 2, 2020.
* Updates to an existing entry may be submitted up until November 12, 2020.

Entry Chairperson Meet Director

Sarah Cummins Brandon Loveless

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**Check-In:**

 All Coaches (NOT SWIMMERS) must check swimmers in 45 minutes prior to the start of the session. Failure to do so may cause the swimmer to be scratched for the day. Sign- in sheets will be given to each coach in their packet

 **SIGN-IN SHEETS SHALL BE TURNED IN AT 8:45 AM ON SUNDAY.**

**Clerk of Course:**

There will be a clerk of course for 8 and under swimmers only and will be conducted in a one way direction to enter/exit the blocks). Lane assignments will be posted and given to coaches. Warm up will take place on opposite ends

**Meet Times**

Sunday (Session 1): Warm-ups 8:00 am

 Meet Begins 9:00 a.m.

 (Session 2): Warm Up: TBD

 Meet Begins: TBD

**Awards**

 Individual Events 1st-10th

For scoring purposes, all Sunday’s 8U events will score 6U, 7-8, 9-10, 11-12, and 13-14, 15-16, 17-18, 19 & over age groups separately.

**Additional:**

* Heat Sheets will be available via Meet Mobile – No paper heat sheets
* Concession stand will NOT be available.
* No glass containers are allowed in the pool area.
* Locker rooms with showers (limited capacity) and restrooms are available.
* There is no smoking allowed anywhere on the ECHS Campus.
* ECST will not be responsible for lost or stolen items.

***Any certified parent who wishes to officiate is welcome to help. Please notify the Meet Director in advance by e-mail or phone, or, present yourself to the Meet Referee at the official’s meeting for that session.***

**Session #1**

**High School / Gold / Silver only**

**Warm up at 8:00 am Meet starts at 9:00 am**

|  |  |  |
| --- | --- | --- |
| Girls | Event | Boys |
| 1 | Open 50 Fly | 2 |
| 3 | Open 100 Back | 4 |
| 5 | Open 200 Breast | 6 |
| 7 | Open 50 Free | 8 |
| 9 | Open 100 Fly | 10 |
| 11 | Open 200 Back | 12 |
| 13 | Open 50 Breast | 14 |
| 15 | Open 100 Free | 16 |
| 17 | Open 200 Fly | 18 |
| 19 | Open 50 Back | 20 |
| 21 | Open 100 Breast | 22 |
| 23 | Open 200 Free | 24 |
| 25 | Open 200 IM | 26 |
| 27 | Open 500 Free | 28 |

There will be a 10 minute break before the Open 500 free.

 **Session #2**

 **Bronze only**

 **Warm up at TBD Meet starts at TBD**

|  |  |  |
| --- | --- | --- |
| Girls | Event | Boys |
| 29 | 8 & under 25 Fly | 30 |
| 31 | Open 50 Back | 32 |
| 33 | Open 100 Breast | 34 |
| 35 | 8 & under 25 Free | 36 |
| 37 | Open 50 Fly | 38 |
| 39 | Open 100 Back | 40 |
| 41 | 8 & under 25 Breast | 42 |
| 43 | Open 50 Free | 44 |
| 45 | Open 100 Fly | 46 |
| 47 | 8 & under 25 Back | 48 |
| 49 | Open 50 Breast | 50 |
| 51 | Open 100 Free | 52 |
| 53 | Open 200 IM | 54 |