



2022 INDIANA SWIMMING SENIOR LONG COURSE CHAMPIONSHIPS

Sponsored by SPEEDO

July 14-17, 2022

Sanctioned by USA and Indiana Swimming #IN22301



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DEADLINE CHECKLIST

DUE TO COVID-19 AND LOCAL FACILITY SAFETY REQUIREMENTS, THERE ARE SUBSTANTIAL CHANGES TO MEET ANNOUNCEMENT AND FORMAT. Coaches, swimmers, and legal guardians are responsible for the information contained in this meet announcement

Teams are encouraged to use the checklist to ensure all responsibilities have been met and to avoid any problems at the meet.

DATE	TIME - DEADLINES (Eastern)	DESCRIPTION
Friday, July 8	11:59 pm	Online entries must be sent by today via on-line system. Use of the online system is mandatory.
Saturday, July 9	11:59 pm	Entry chairs to receive Entry Report & Exceptions report via e-mail from host
Monday, July 11	11:59 pm	Any exceptions, modifications, deletions must be addressed Relays should be checked to make sure they conform to time standards. Any relays entered below the qualifying time after the modification deadline will be seeded at the minimum qualifying time.
THE FIRST SESSION IN WHICH A TEAM/ATHLETE IS COMPETING	One hour prior to the start of the first session	All fees including any fines due to late entry shall be tendered on or no later than one hour prior to the start of the first session in which a team/athlete is competing, or the ENTIRE team will be scratched.
Wednesday, July 13	7:30 PM Local Time	VIRTUAL - Coaches meeting. The virtual meeting link will be sent to all entered teams prior to the meeting.
Wednesday, July 13	8:00 pm	Pre-meet electronic check-in for all distance and relays events closes. The link is located on the Indiana Swimming Championship web page.
Thursday, July 14	1 hour prior to start of Thursday session	Thursday events scratch and distance and relay positive check-in deadline. (This includes all 200 relays, which swim in the evening.)
	30 minutes after start of Finals session	Friday events scratch and relay positive check-in deadline
	1 Hr Prior To Relay Event	Finals relay cards turned-in deadline
Friday, July 15	1 Hr Prior To Relay Event	Prelims relay cards turned-in deadline
	30 minutes after start of Finals session	Saturday events scratch and relay positive check-in deadline
	1 Hr Prior To Relay Event	Finals relay cards turned-in deadline
Saturday, July 16	1 Hr Prior To Relay Event	Prelims relay cards turned-in deadline
	30 minutes after start of Finals session	Sunday events scratch and relay/distance positive check-in deadline
	1 Hr Prior To Relay Event	Finals relay cards turned-in deadline
Sunday, July 17	1 Hr Prior To Relay Event	Prelim relay cards turned-in deadline
	1 Hr Prior To Relay Event	Finals relay cards turned-in deadline
	End of meet	Team should check host awards area for any unclaimed awards

IMPORTANT FACTS REGARDING THE MEET

General	Coaches, swimmers, and legal guardians are responsible for the information contained in this meet announcement.
	USA Swimming and Indiana Swimming rules and regulations govern this meet. Modifications are noted in the announcement.
Entry	Qualification Period is January 1, 2021 thru late deadline, one hour prior to start of meet, July 14, 2022.
	Online Entry Deadline is Friday, July 8 by 11:59 pm. (Eastern)
	Entry Times may not be submitted <u>faster</u> than a provable time.
	Accuracy of entry is the responsibility of the entering team.
	Deadline for addressing ALL entry exceptions / modifications Monday, Jul 11 by 11:59 pm. (Eastern) ANY/ALL entries / modifications received after the Monday Deadline will be considered late. This includes changes to relay times.
	Teams/unattached swimmers, including relay only swimmers, that neglect to enter an event(s) Friday, July 8- 11:59 pm (Eastern) and subsequently enter the meet will be considered late and assessed a one-time \$100 Late Entry Fee plus \$14** per individual event, and \$20 per relay.
	After the Psych Sheet is published to the ISI website on Wednesday prior to the start of the meet , any swimmer or relay entering as a late entry shall not be seeded in the top eight of the entered timed final event. The swimmer or relay will be seeded by their entry time, but no higher than 9th place.
	When submitting any subsequent entry files , ALWAYS submit a complete entry file to host, not just a file of modifications.
	No refunds shall be issued for events scratched after Entry deadline.
	All fees including any fines due to late entry shall be tendered on or no later than one hour prior to the start of the first session in which a team/athlete is competing or the entire team will be scratched.
	Any entry that does not have a proof of time standard in the SWIMS Database will be posted on the Indiana Swimming website no later than Tuesday, July 12 by 5:00 pm.
	A swimmer's time that cannot be proven will result in a seed time reverting to the fastest qualifying time recorded in SWIMS for the qualifying period. If no time is available in SWIMS, then the swimmer will be scratched from the event. A team/swimmer who brings proof of time to the meet may be re-entered, but the entry will be considered late and subject to the Late Entry Fine.**
	Entry requirements for the 2022 Summer Senior Championships are based on the SUMMER Senior Time Standards.**
Positive Check-in	In all individual events, other than the 800 and 1500 Freestyle, the swimmer is assumed to be swimming unless he/she has been scratched.
	Entrants in the 800 and 1500 Freestyle and ALL relays must check-in and confirm their intention to compete before the appropriate scratch deadline in order to be seeded. This includes checking in the 200 Medley and 200 Free relays swimming Thursday evening, by the Thursday 10:00 am scratch deadline. <i>During check-in for distance and relays, entrants may designate a preference to swim the event during prelims by marking a P next to their name/relay name.** All of the 200 Free and Medley relays are all swum in the evening.</i>
Planning	Pre-Scratch Timelines for Prelim Sessions will be available and shall be posted on Indiana Swimming website, on the Wednesday prior to the meet. Timelines posted are only approximations to be used only for general planning purposes. The actual meet session timelines may vary from what is posted. Athletes and Coaches are responsible to adhere to all meet deadlines and competition/event starting times. Please check with your team coaches for updates.
	Pre-Scratch Timed Finals Events Psych Sheet will be available for all 200-1500 timed final and relay events. This shall be posted on Indiana Swimming website, on the Wednesday prior to the meet. This is to be used for planning purposes, as scratches will alter the final seeding. <i>Note that distance swimmers and relays may check-in and elect to swim during the prelim session. The top 8 submitted 800, 1500 and relay times not designated as a prelim swim will swim in finals. All of the 200 Free and Medley relays are all swum in the evening.</i>
	The COVID-19 Safety Plan for the facility (IF NEEDED) will be posted on the Indiana Swimming Championship page. EVERYONE is expected to read and adhere to all safety requirements. Those NOT following the safety requirements may be barred from competition and the facility. Indiana Swimming, the Host Club, and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet.
	Warm-up and Session Start times may be modified based on site specifics, athlete numbers, and extenuating circumstances. Changes will be conveyed to area teams by noon on Wednesday and posted by on the ISI website.
Scratching from Finals	National scratch procedures, USA Swimming rule 207.11.6, will be observed. Modifications and additions are noted in the announcement.
	Scratching from Finals: Any swimmer qualifying for the original D, C, B or A Final in an individual event, who fails to compete in said final shall be barred from further competition for the remainder of the meet (Additional penalties apply for the Sunday Evening Session.)
	A C Bonus Final has been added for 18 & Under athletes.** A "D" Bonus Final has been added for 15-16 year olds . The top qualifier for the D Bonus Final may elect to serve as an alternate for the C Bonus Final rather than be seeded in the D Bonus Final by notifying the Administrative Referee within the 30 minute scratch deadline for that event. 14 year old swimmers who age up prior to the Age group state meet may participate in the D Final.
Meet Format	The 400 IM's and 400 Freestyles will be flighted if there are more than 6 heats. ** In the event that events are flighted, the top 6 heats of both men and women will be swum in the regular order of events during the preliminaries, slowest to fastest. The remaining heats of men and women will be flighted to the end of the session, following all other events from that session (including relays), and run fastest to slowest alternating women's and men's heats. Per USA swimming rule 102.5.1D only the fastest 2 heats of the 400 Freestyle and IM will be circle seeded.
	The 400 IM, 400M/500Y, 800M/1000Y and 1500M/1650Y are not offered as Bonus events .
	Event order for distance events, 1500/800 freestyle, has been changed to balance timeline.
	During Finals heats will be run in the order of C, B, A, D. All A finalists shall report to Awards staging immediately following their heat.**
MAAPP	All athletes 18 & older, including those turning 18 during the meet, must be MAAPP compliant including APT to participate.

**HOD 2019

GENERAL INFORMATION

Coaches, swimmers, and legal guardians are responsible for the information contained in this meet announcement.

HOST

Indiana Swim Club
www.isc.org

FACILITY

Indiana University
 Counsilman-Billingsley Aquatic Center
 1601 E Law Lane
 Bloomington, IN 47408

POOL CERTIFICATION

- The competition course has not been certified in accordance with 104.2.2C (4).
- Water depth range on start end 1-3m from wall: 7'
- Water depth range on turn end 1-3m from wall: 4'

TIME ZONE

All times are local: **Eastern.**

MEET DIRECTORS

Joe Schroeder (317) 417-8391 jhschroe@indiana.edu	Amanda Schroeder (317) 752-4943 amanda.schroeder@gmail.com
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ENTRY CHAIRPERSON

Emily Schroeder
 (317) 509-5032
schroederentries@gmail.com

MEET REFEREE

Cyndi Miller
 (317) 439-0064
clmiller100@gmail.com

ADMIN REFEREE

Marianne Walling
 (812) 378-4370
nocando87-swim@yahoo.com

OFFICIALS

- To officiate, one must complete the online Officials application on the Indiana Swimming website. This is located on the Officials page. [Official's Application](#)
- All Officials will be selected by the Indiana Officials Committee.
- This meet has been approved as a 'Qualifying Meet' for all N2 and N3 position evaluations. Please include your evaluation request on the online Officials application.

RULES

Current USA Swimming and Indiana Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

Requirements and Conditions for Sanction: USA Swimming rules 202.4 and 202.5.

It is understood and agreed that USA and Indiana Swimming shall be free from any liabilities or claims for damages arising by reason or injuries to anyone during the conduct of the event.

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist in making arrangements for such supervision, but it is the swimmer's responsibility to make arrangements prior to the start of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas, and open ceiling locker-rooms) any time athletes, coaches, officials and/or spectators are present.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND INDAINA SWIMMING, THE MEET HOST AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Safe Sport 360: The Minor Athlete Abuse Prevention Policy prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after June 14, 2022, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after June 14, 2022, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

INDIANA SWIMMING BROADCAST POLICY AND IMAGE AUTHORIZATION

Broadcast Statement

Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of Indiana Swimming.

Image Authorization

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Indiana Swimming and the meet host under the conditions authored by Indiana & USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Indiana Swimming competition to promote such competition.

On Deck Image Recording

Videotaping and Photography on deck during this event is only allowed by approved USA Swimming member Coaches, Media, Webcasting staff and Host Photographer in their professional capacities or Volunteers assigned by the meet host if so designated to do so.

FACILITY INFORMATION

PARKING

Parking information will be available closer to the meet start date.

NATATORIUM ENTRANCE

Spectators and swimmers will enter through the Law Street doors. A handicap accessible ramp is located on the north entrance.

SPECTATOR SEATING

Seating for approximately 600 is available.

RESULTS

Live results and Meet Mobile will be available. **These are considered UNOFFICIAL RESULTS, and are provided as a courtesy only.**

LOST AND FOUND

The host team is not responsible for items left at the facility.

FACILITY NOTE

All swimmers, coaches, officials, and spectators are asked to please treat this facility like it was their own. **Anyone caught abusing the building/facility will be asked to leave the meet IMMEDIATELY!!!**

- **The COVID-19 Safety Plan for the facility (IF NEEDED) will be posted on the Indiana Swimming Championship page. *EVERYONE* is expected to read and adhere to these safety requirements. Those *NOT* following the safety requirements may be barred from competition and the facility.**
- This is a Smoke Free facility.
- Keep all trash picked up.
- Spectators, coaches and athletes, are to remain out of any unauthorized areas.
- No radios, bells, balls, or any other device that will be an inconvenience will be allowed.
- No posting signage/banners on ANY PAINTED SURFACES.
- Vandalism will not be tolerated. Anyone individual caught vandalizing will be asked to leave for the remainder of the meet.

CHARGES

Psych and Heat Sheets

- Psych Sheet –Not available
- Heat sheets will not be for sale, but will be available on Meet Mobile at no additional cost and posted in each of the concourses.

Admissions

- No Charge for Admissions

COACH AND ATHLETE DECK ACCESS

Athlete Entrance

Athletes will enter the pool through main level doors and proceed down the south stairwell to access deck and locker rooms.

Deck Seating Capacity

Deck seating is available for all swimmers.

CREDENTIALS / DECK ACCESS

Due to USA Swimming insurance, only swimmers, credentialed coaches and officials, and meet volunteers will be allowed on deck. **There are no exceptions.**

In compliance with Natatorium policy, all coaches, officials and volunteers are required to show a valid government-issued picture ID to attain access to the deck level at this event. To receive meet packets and gain deck access, ALL coaches will be required to display valid and current USA Swimming membership cards or Deck Pass. Officials will be required to show their USA Swimming certification cards. **This will be strictly enforced.** The meet referee and/or meet directors reserve the right to deny access to anyone not in compliance.

ACCIDENTS

All accidents resulting in injury are to be reported to the meet directors, and an on-line USA Swimming Accident Occurrence form submitted.

RUBDOWNS

Per USA Swimming rule 305.3, rub downs (which use oil or lotion) shall not be permitted on deck, and are restricted to the designated rub-down area.

Any coach found using rubdown oils or lotions in an on-deck area shall have their deck pass and credentials removed for the remainder of the meet. Any swimmer found using rubdown oils or lotions on deck shall be barred from their next individual event.

Any rubdown or massage performed on an athlete by any adult member or Participating Non-Member, excluding the spouse, parent, guardian, sibling, or personal assistant of such athlete, is prohibited unless such adult is a licensed massage therapist or other certified professional. Any rubdown or massage performed at a swim venue by a licensed professional must be conducted in open/public locations and must never be done with only the athlete and licensed massage therapist in the room. Even if a coach is a licensed massage therapist, the coach shall not perform a rubdown or massage of an athlete under any circumstances.

ENTERING THE MEET

ENTRY CHAIRPERSON

Emily Schroeder
(317) 509-5032
schroederentries@gmail.com

Online entry system located on Indiana Swimming web site
www.inswimming.org. **Use of the online system is mandatory.**

QUALIFYING PERIOD

Times must be achieved from January 1, 2021 thru late entry deadline, one hour prior to start of meet, July 14, 2022.

ELIGIBILITY

- All swimmers, coaches, and officials must have an ID # registered with Indiana Swimming, USA Swimming rule 202.5. ISI will not process any on-deck registrations at this meet
- All 18 & over athletes, including those turning 18 during the meet, must be MAAPP compliant.**
- There are no age restrictions on this meet.
- Swimmers with qualifying times made during the qualifying period will be allowed to enter this meet.
- ISI has a swimmer with disability inclusion policy. Contact the ISI Disability Coordinator for application and consideration, [Disability Application](#)
- ISI has a diversity and inclusion policy to assist outreach members participating in the meet. Please contact the [ISI Office](#) for more information.
- Swimmers submitted times may not be **faster** than a provable time.
- A submitted entry time that cannot be proven by proof /scratch deadline for the event will result in a swimmer's seed time reverting to the fastest qualifying time recorded in SWIMS for the qualifying period. If no qualifying time is available in SWIMS, and no proof is brought by event scratch deadline, then the swimmer will be scratched from the event.

ENTRY LIMITS

- Swimmers **not entering bonus events** may enter an unlimited number of events.
- Swimmers **entering with bonus events** may not exceed the number or combination of event totals listed in the Bonus Event Table.
- Swimmers must scratch down to 6 individual events for the entire meet plus relays.
- No more than 3 individual events per day, including time trials, are allowed.
- Bonus Events do not have qualifying times.
- The 400IM, 400M, 800M and 1500M Freestyle events are not offered as Bonus Events.**
- Swimmers may enter Bonus Events as follows:

Bonus Event Table		
Entries with Qualifying Times	Number of Bonus Event Entries Allowed	Maximum Number of Events Entries for Meet
1	1	2
2	2	4
3	1	4
4+	0	4+ (no bonus entries)

ENTRY FEES

- COVID-19 Surcharge \$22 total (\$16 to meet host/\$5.00 to Indiana Swimming/\$1.00 to Club Support Grant Program) this includes relay only alternates
- \$ 7.00 per individual event entry
- \$ 10.00 per relay entry

The total amount of all fees due including any fines incurred due to late entry for **all** swimmers and events **entered shall be tendered on or no later than one hour prior to the start of the first session in which the team/athlete is competing** or the entire team will be scratched from the meet. Responsibility lies with the entering team to make sure payment is tendered to the host in a timely fashion. The Summary of Entries form (page 10) can either be emailed or included with payment.

No refunds shall be issued for events scratched after Entry deadline.

ENTRY DEADLINE / ASSOCIATED DATES

It is the responsibility of the entering team/unattached swimmer to heed deadlines and be responsible for the accuracy of team entries. Teams should ensure they have the current version of Team Manager/Unify, downloaded the meet set-up file from Indiana Swimming, and software is set to **not** convert times. Always submit a complete entry file to host, not just a file of the modifications.

Prior to running an eligibility report or entering athletes in Team Manager/Unify check the box in Meet set-up/Eligibility rules "enforce qualifying times". This box must be unchecked when entering bonus swims.

Please include, with your entry, the names of all the relay swimmers plus any/all alternates' names, USA SWIMMING numbers, and ages.

Friday, July 8 by 11:59 pm (Eastern Time)

All Entries due via the mandatory Online Entry System located at www.inswimming.org. An entry must be submitted by the Friday deadline, for entries after this date will be considered late. The only exception is a team/unattached swimmer who achieved a qualifying time between the Friday Deadline and the Monday Deadline.

Saturday, July 9 by 11:59 pm (Eastern Time)

Host will send a Final Entry Report and Exception report (if any) back to entering team/unattached swimmer via e-mail. **Relay times** cannot be run against time standards in Meet Manager, and thus will not appear in an Exception report. The entering team should check relay times prior to submission for accuracy. Relays not showing a qualifying time by the modification deadline will be seeded at the minimum qualifying time.

Monday, July 11 by 11:59 pm (Eastern Time)

Entering teams must address their exceptions. Exceptions/Modifications. Changes made after Friday Deadline and before Monday Deadline may include Additions, Deletions and Corrections to the existing (submitted) team entry including relays.

Note: Exception Reports do not include Proof of Time verification. See Verification/Proof of Time section.

LATE ENTRY

Teams/unattached swimmers, **including relay only swimmers**, that neglected to enter an event(s) by Friday, July 8 -11:59 pm can enter **up to one hour before the start of the meet**. These late teams/unattached swimmers will be assessed a one-time \$100 Late Entry Fee plus \$14 per individual event, and \$20 per relay.

Any entries/ modifications after Monday, July 11 - 11:59 PM will be subject to the late entry fees. For a swimmer already in the meet this includes a single opportunity to change any entry time for a missed event, to switch events, or alter an existing entry time. A team/unattached swimmer entered late may not make a change after entry. **Refer to Individual and Relay Seeding for additional late entry information.**

OVER ENTRIES

Failure to scratch by appropriate deadlines will result in swimmer being entered in consecutive events, beginning with the first event entered until the maximum has been attained and scratched from all remaining events.

The coach and swimmer must recognize and accept the responsibilities and the extra obligations if they want to enter extra events.

VERIFICATION / PROOF OF TIME

Indiana Swimming will verify all entries via SWIMS after the entry deadline. Any entry that does not have a qualifying time within the qualifying period will be included on a proof needed list. **Times submitted may not be faster than provable.** The proofs needed list will be posted on the Indiana Swimming website no later than Tuesday, July 12 - 5:00 pm (Eastern).

Teams will have to provide proof of time to ISI offices by Wednesday NOON OR at the meet to the Meet Referee or

his/her designee prior to applicable scratch deadlines for the event(s) or the swimmer will be scratched.

All proofs submitted to ISI, including those from Non-USA Swimming Meets, should use the [PROOF](#) submission form located on the championship web page. **Swimmers' names must be circled or highlighted on results.**

Acceptable verifications are official results in PDF form from USA Swimming sanctioned or approved meets; College, High School, Junior High, YWCA or YMCA meets sanctioned by their respective governing organizations.

- Websites (provided host address is printed on the copy);
- Meet Mobile or Live Results with visible meet and date headers;
- Verification slips, time cards, timing system tapes or photocopies of such which are referee signed and dated.
- Official results from USA Swimming meets must be printed with either host team's name or IUPUI Natatorium on each page.

Relays cannot be pre-proven with the Hy-Tek program at this time. Therefore, any team's relay that misses the cut or is disqualified will have to provide proof of time **for all relays** in that event. Proofs must be sent to the Indiana Swimming office no later than the Friday, July 29 - 4:00 pm. Any unproven relays after this time will be assessed a \$100 non-refundable fee due to Indiana Swimming. A swimmer's name and time may only be used once per event to prove a relay time.

SUMMER TIME STANDARDS

Times must have been achieved from, January 1, 2021 thru late entry deadline, one hour prior to start of meet, July 14, 2022.

WOMEN			EVENT	MEN		
LCM	SCM	SCY		SCY	SCM	LCM
0:28.09	0:27.59	0:25.09	50 Free	0:22.39	0:24.59	0:25.39
1:00.89	0:59.29	0:54.09	100 Free	0:48.79	0:53.49	0:55.29
2:14.49	2:10.69	1:59.29	200 Free	1:48.09	1:58.39	2:04.09
4:45.39	4:44.39	5:19.89	400M / 500Y Free	4:54.39	4:17.59	4:27.69
10:02.09	10:00.79	11:25.79	800M / 1000Y Free	10:25.49	9:07.39	9:26.59
19:35.59	18:51.49	18:55.99	1500M / 1650Y Free	17:34.69	17:28.39	18:16.29
1:09.19	1:06.39	1:00.29	100 Back	0:55.59	1:01.39	1:04.49
2:30.79	2:23.49	2:11.09	200 Back	2:00.89	2:13.59	2:22.39
1:19.99	1:16.39	1:09.49	100 Breast	1:01.99	1:08.09	1:12.09
2:54.49	2:45.69	2:31.69	200 Breast	2:17.59	2:31.69	2:40.39
1:07.39	1:05.99	1:00.29	100 Fly	0:53.59	0:59.69	1:00.49
2:35.29	2:30.29	2:15.99	200 Fly	2:01.29	2:13.99	2:21.39
2:32.79	2:27.39	2:14.59	200 IM	2:01.19	2:12.59	2:18.39
5:28.99	5:15.89	4:48.69	400 IM	4:20.89	4:46.99	5:06.29
1:58.69	1:54.49	1:44.49	200 Free Relay	1:34.09	1:43.09	1:46.69
4:21.19	4:12.99	3:50.39	400 Free Relay	3:26.09	3:48.19	3:59.99
9:34.99	9:16.19	8:24.19	800 Free Relay	7:38.59	8:22.19	8:57.89
2:12.69	2:06.79	1:55.79	200 Medley Relay	1:44.69	1:54.69	1:59.99
4:51.99	4:41.19	4:14.89	400 Medley Relay	3:48.79	4:10.59	4:25.69

ORDER OF EVENTS

Preliminaries		THURSDAY	Finals	
Women	Men	EVENT ORDER	Women	Men
x	x	200 Medley Relay**	1	2
5	6	50 Freestyle	x	x
3	4	1500 Freestyle **	3	4
x	x	50 Freestyle	5	6
x	x	200 Freestyle Relay**	7	8
Preliminaries		FRIDAY	Finals	
Women	Men	EVENT ORDER	Women	Men
9	10	400 Individual Medley ***	9	10
11	12	100 Freestyle	11	12
13	14	200 Backstroke	13	14
15	16	100 Breaststroke	15	16
17	18	800 Freestyle Relay **	17	18
Preliminaries		SATURDAY	Finals	
Women	Men	EVENT ORDER	Women	Men
19	20	200 Butterfly	19	20
21	22	100 Backstroke	21	22
23	24	400 Freestyle ***	23	24
25	26	200 Breaststroke	25	26
27	28	400 Medley Relay**	27	28
Preliminaries		SUNDAY	Finals	
Women	Men	EVENT ORDER	Women	Men
29	30	200 Individual Medley	29	30
x	x	800 Freestyle **	31	32
33	34	200 Freestyle	33	34
35	36	100 Butterfly	35	36
37	38	400 Free Relay **	37	38
31	32	800 Freestyle **	x	x

** The **800 and 1500 distance Freestyles, and the 400 relays** will be swum on a timed final basis in the prelims with heats fastest to slowest. The fastest heat of women and fastest heat of men, **top 8 times not indicating a prelim swim**, will swim in the finals. The 800 and 1500 Freestyles and the 800 Freestyle relay will alternate women's and men's heats. The **200 relays** will also be conducted as timed finals, but all swim in the evening session, slowest to fastest.

*** The **400 IM's and 400 Freestyles** will be flighted if there are more than 6 heats.

In the event that events are flighted, the top 6 heats of both men and women will be swum in the regular order of events during the preliminaries, slowest to fastest. The remaining heats of men and women will be flighted to the end of the session, following all other events from that session (including relays), and run fastest to slowest alternating women's and men's heats. Per USA swimming rule 102.5.1D only the fastest 2 heats of the **400 Freestyle and IM** will be circle seeded.

MEET SCHEDULE

	Preliminaries		Finals	
	Warm -ups	Meet Starts	Warm-ups Not before	Meet Starts Not Before
Th	9:30am - 10:45 am	11:00 am	5:00 pm	6:00pm
Fri	7:30 am - 8:45 am	9:00 am	4:00 pm	5:15pm
Sat	7:30 am - 8:45 am	9:00 am	4:00 pm	5:15pm
Sun	7:30 am - 8:45 am	9:00 am	3:00 pm	4:15pm

MEET PROCEDURES & FORMAT**WARM-UP PROCEDURES**

- No lane assignments will be made for warm-ups.
- The diving well will be available during the entire meet and warm-ups.
- **One lane will be designated as a PACE LANE throughout the meet in the diving well.**
- Assignments below are for the competition pool only.
- NOTE: Marshals will be monitoring and enforcing warm-up procedures. Coaches please review the following: [Warm-up Procedure's](#)

WARM-UP SCHEDULE						
	General Warm-up NO DIVING	Sprint Racing starts from starting end only. Swim one way. Walk back	Pace	General Warm-up NO DIVING	Close Pool	Meet Starts Not before
	ALL LANES	Lanes 2, 7	Lanes 1, 8	Lanes 3-6		
PRELIMS						
Th	9:30 - 10:15 am	10:15 - 10:45 am			10:45 am	11:00 am
Fri -Sun	7:30 - 8:15 am	8:15 - 8:45 am			8:45 am	9:00 am
FINALS						
Th	5:00* - 5:25 pm	5:25 - 5:45 pm			5:45 pm	6:00 pm
Fri & Sat	4:00* - 4:30 pm	4:30 - 5:00 pm			5:00 pm	5:15 pm
Sun	3:00* - 3:30 pm	3:30 - 4:00 pm			4:00 pm	4:15 pm

*Warm-ups will start not earlier than

FORMAT

This meet will be run in Modified Championship Meet Format with preliminaries, and A, B, C & D Finals in all events, except the 800 and 1500 Freestyles and all relays.

A **ready area** will be provided for finals each evening. The Top 8 finalists from all individual events and distance timed finals events shall be marched out from a designated ready room.

A “C” bonus final will be seeded comprised of the next eight qualifying 18 & under athletes who did not qualify for the A or B Final.

“D” bonus final will be seeded comprised of the next eight qualifying 15-16 yr. olds who did not qualify for the A, B or C Final. 14 year old swimmers who age up prior to the Age Group State meet may participate in the D Final.

The **800 and 1500 distance Freestyles, and the 400 relays** will be swum on a timed final basis in the prelims with heats fastest to slowest. The fastest heat of women and fastest heat of men, **top 8 times not indicating a prelim swim**, will swim in the finals. The 800 and 1500 Freestyles and the 800 Freestyle relay will alternate women's and men's heats. The **200 relays** will also be conducted as timed finals, but all swim in the evening session, slowest to fastest.

The **400 IM's and 400 Freestyles** will be flighted if there are more than 6 heats.

In the event that events are flighted, the top 6 heats of both men and women will be swum in the regular order of events during the preliminaries, slowest to fastest. The remaining heats of men and

women will be flighted to the end of the session, following all other events from that session (including relays), and run fastest to slowest alternating women's and men's heats. Per USA swimming rule 102.5.1D only the fastest 2 heats of the **400 Freestyle and IM** will be circle seeded.

Fly-over starts will be used in the preliminary sessions.

Distance event swimmers must provide their own lap counter. Lap counters that do not have deck access via their coach card or athlete status will not be allowed on deck until 15 minutes prior to the distance event start time(s) and must exit the deck immediately following the swim. These counters must sign in and out at the deck entrance security table.

Courtesy rest, 12-15 minutes, shall be given for swimmers in consecutive events. It is the responsibility of the coach or swimmer to notify the meet referee of a swimmer's situation PRIOR TO the swimmer's first event regarding the courtesy.

MEET CONDUCT

RULES

The meet will be conducted in accordance with USA Swimming and Indiana Swimming rules and regulations.

PRE-SCRATCH TIMELINES

Pre-scratch timelines for prelim sessions will be available and shall be posted on Indiana Swimming website, on the Wednesday prior to the meet. Timelines posted are only approximations to be used only for general planning purposes. The actual meet session timelines may vary from what is posted. Athletes and coaches are responsible to adhere to all meet deadlines and competition/event starting times.

PRE-SCRATCH TIMED FINALS PRELIMS PSYCH SHEET

A pre-scratch prelims Psych Sheet for timed final and relay events. This shall be posted on Indiana Swimming website, on the Wednesday prior to the meet. This is to be used for planning purposes, as scratches will alter the final seeding. **Note that distance swimmers and relays may check-in and elect to swim during the prelim session. The top 8 submitted 800/1500 and relay times not designated as a prelim swim will swim in finals. All of the 200 Free and Medley relays are all swum in the evening.**

COACH SCRATCH BOX RESPONSIBILITY

All scratches for individual events, regardless of reason, must be made at the Scratch Table by:

Thursday Events	one hour prior to start of Thursday session
Friday Events	30 minutes after start of Finals session Thursday
Saturday Events	30 minutes after start of Finals session Friday
Sunday Events	30 minutes after start of Finals session Saturday

Coaches must sign their names on the Scratch Forms.

The money for scratched events is NOT refundable.

OVER ENTRIES

Failure to scratch by appropriate deadlines will result in swimmer being entered in consecutive events, beginning with the first until the maximum has been attained and scratched from all remaining events.

SEEDING OF INDIVIDUAL EVENTS

Seeding order: Long Course Meters - Short Course Meters- Short Course Yards (L-S-Y). No entry times will or should be converted for seeding.

In individual events other than the 800 and 1500 Freestyles, the swimmer is assumed to be swimming unless he/she has been scratched.

Per USA Swimming rule 207.11.7, **entrants in the 800 and 1500 Freestyle must check in with the Clerk of Course and confirm their intention to compete** before the scratch deadline for the event in order to be seeded. **During check-in for distance, entrants may designate a preference to swim the event during prelims by marking a P next to their name.**

Individuals failing to check-in may present themselves to the Meet Referee or his/her designee requesting to swim, and may be placed only as there are existing open lanes in the slowest heat per gender.

After the Psych Sheet is published to the ISI website on Wednesday prior to the start of the meet, any swimmer entering as a late entry shall not be seeded in the top eight of the entered event. The swimmer will be seeded by their entry time, but no higher than 9th place.

A copy of the seeded heat sheet after scratches shall be posted before warm-ups for Friday, Saturday and Sunday prelims.

SCRATCH PROCEDURES – INDIVIDUAL EVENTS

National scratch procedures, USA Swimming rule 207.11.6, will be observed. Additions and modifications are noted below.

Preliminary Heats and Timed Final Events

In all events where preliminary heats are necessary, **or in any timed final event**, after the heats have been seeded, any swimmer who fails to compete in an individual event heat in which they are entered and have not been scratched in accordance to the above deadline **will be barred from all further individual events of that day.** (NOTE: This does not bar an individual who has qualified earlier in the session for a Consolation or Final from swimming in that Final.) The application of this penalty shall pertain to the order in which the event/heats are swum, not the numerical order of the events.

Additionally, that swimmer shall be scratched from any individual events on succeeding days unless that swimmer or the swimmer's coach declares the swimmer's intent to swim prior to the close of

the scratch box for that day's events, or within 30 minutes of the missed event.

Scratching from D, C, B or A Finals

- SUNDAY ONLY: No-shows or not scratching according to the rules by the appropriate deadlines (Exceptions for failure to compete - B), for D,C,B, or A final will result in a \$50 fine per swimmer regardless of the number of events missed that finals session. The fine shall be assessed to the swimmer. Host team will forward violations to the ISI office. ISI office will notify violators and collect fines. ISI office will send \$25 per fine collected back to host team.
- A. Any swimmer qualifying for the original D, C, B or A Final in an individual event, who fails to compete in said final, shall be barred from further competition for the remainder of the meet except as noted in "Exceptions" below. A declared false start (USA-S rule 101.1.3E) or deliberate delay of meet (USA-S rule 101.1.5) is NOT permitted and will be regarded as a failure to compete.
- B. Original Qualifiers in the C Final are designated as the "next" eight (8) 18 & under athletes after the last person originally qualified for the B Final.
Original Qualifiers in the D Final are designated as the "next" eight (8) 15 and/or 16 year olds after the last person originally qualified in the C Final. The top qualifier for the D Final may elect to serve as an alternate for the C Final rather than be seeded in the D Final by notifying the Administrative Referee within the 30 minute scratch deadline for that event.
- C. In the event of withdrawal or barring of a swimmer from competition, the **Referee shall fill the D, C, B or A Final when possible with the next qualified swimmer(s)**. Any potential alternate for finals must report to the Deck Referee or Starter prior to the applicable event. There will be no announcements made to fill the heat.
- D. First and second alternates shall be announced for the D and C and B Finals along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
- E. **Where C Finals have not yet been swum** and a barring or withdrawal is known to the Referee, the Referee shall have the ability to re-seed the event if necessary and time allows, to insert the alternate(s) in appropriate lane(s), filling all lanes in the final.
- F. **If the C Finals have already been contested**, and there are no B alternates, the B and A Finals shall be swum without re-seeding for the empty lane(s).
- G. **If there are no available alternates for the D Final**, any empty lane(s) will be filled with any athlete(s) who previously competed in the event, regardless of age

Exceptions for Failure to Compete

No penalty shall apply for failure to withdraw or compete in an individual event if:

- A. The Referee is notified in the event of illness or injury and accepts the proof thereof.
- B. A swimmer qualifying for a D, C, B or A Final race following the preliminaries notifies the Administrative Referee within thirty (30) minutes after announcement of the qualifiers for that final race that he may not intend to compete and further declares his final intentions within 30 minutes following his last individual preliminary event.
- C. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

RELAYS

Entry Forms

If a swimmer is only on a relay and not competing in individual events, they **MUST** be on the team entry report. No swimmer will be allowed to swim unless his/her name is on the entry report.

Relay Time Standards

The standard is listed on the Time Standards page. Proof of time shall be the aggregate of any four individual swimmers eligible to compete for your team or an actual attained time by a relay team from your team designated – "A", "B", "C", etc.

Relay Cards

All relay cards will be made available, by the host team, for pick-up no later than 1 hour before the start of competition the first day of the meet. Please submit relay cards to the Administrative Referee or host team's designated person no later than one hour prior to the relay's scheduled start. Returned relay cards are to include the full names of the swimmers intending to swim and shall be listed in the order that they will be swimming.

Relay Seeding

Entrants in all relays must check in at the Clerk of Course and confirm their intention to compete before the scratch deadline for the event in order to be seeded. *During check-in for relays, entrants may designate a preference to swim the event during prelims by marking P next to their name relay. All of the 200 Free and Medley relays are all swum in the evening.* Relays failing to check-in may present themselves to the Meet Referee or his/her designee requesting to swim, and may be placed only as there are existing open lanes in the slowest heat per gender.

All relays will be swum as timed finals, refer to Meet Format for specifics.

After the Psych Sheet is published to the ISI website on Wednesday prior to the start of the meet, any relay entering as a late entry shall not be seeded in the top eight of the entered event. The relay will be seeded by their entry time, but no higher than 9th place.

SCORING

Individual events are scored to 3 heats as follows:

30-27-26-25-24-23-22 -21
19-17-16-15-14 -13 -12-11
9-7-6-5-4-3-2-1

Relay events are scored to 3 heats, with points of individual places doubled.

AWARDS

INDIVIDUAL EVENTS: Medals for 1st-8th

RELAY EVENTS: Medals for 1st-8th

Trophies or plaques will be awarded to:

- Top three teams overall
- High point men's team and High point women's team
- Individual men's and women's High point winners.

In the **evening sessions**, awards ceremonies shall be conducted in a manner that does not excessively delay the meet. An Awards Schedule will be printed in the Finals Heat Sheets.

TIME TRIAL

Time Trials are to be determined.

SUMMARY OF ENTRIES**THIS FORM IS REQUIRED WITH PAYMENT**

The total amount of all fees due including any fines incurred due to late entry for all swimmers and events entered shall be tendered on or no later than one hour prior to the start of the first session in which the team/athlete is competing. (If utilizing Fed Ex/Overnight mail you must check the waive signature box.)

Please fill out the information requested below and mail with your entry form and check. Please refrain from sending cash.

Make checks payable to: **Indiana Swim Club**

Thank you.

Send to: Amanda Schroeder
2040 E Rock Creek Dr.
Bloomington, IN 47401

NAME OF TEAM _____ CODE _____

Number of swimmers (and alternates) entered:

Indiana Swimming COVID Surcharge \$22 total (\$16 to meet host/\$5.00 to Indiana Swimming/\$1.00 to Club Support Grant Program)

Boys: _____ X \$ 22.00 = _____

Girls: _____ X \$ 22.00 = _____

Number of Men's individual entries: _____ X \$ 7.00 = _____

Number of Women's individual entries: _____ X \$ 7.00 = _____

Number of Relay entries: _____ X \$ 10.00 = _____

TOTAL AMOUNT ENCLOSED: _____

Team Official Entering Entry:

Name: _____ Cell Phone: () _____

Team Official E-mail: _____

Contact Information for Coaches Attending Meet:

Senior Coach: _____ Cell Phone: () _____

Senior Coach: _____ Cell Phone: () _____

RELEASE AND HOLD HARMLESS AGREEMENT

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assignees, hereby releases and forever discharges the host teams and Indiana Swimming, and its Board of Directors, USA Swimming, IU, facility and each of their respective officers, agents, employees, members, successors, and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless the host team and Indiana Swimming, USA Swimming, said facility and the officers, trustees, agents, employees, and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Signature of Team Official/Coach _____ **Date** _____

- *Person who signs above is responsible for any fines imposed on the team for each missed cut not proven.
- *You may have one designated spokesperson for your team to talk to the referee or Clerk-of-Course. The coach would be the logical person. Please list the name of your spokesperson: _____

Did you include:

	Entries in Writing (only if applicable)		Relay Entry Forms (only if applicable)
	Check for entries and surcharges		This completed form
	I have read the scratch rules and USA Swimming National scratch rule, 207.11.6, and understand all of them.		