

Washington Township Swim Club: Groundhog Invitational Meet

January 26-28, 2024

North Central High School Natatorium

Indianapolis, IN

www.wtscswim.org

Format: All events will be timed finals. (see attached schedule).

Friday Arrival: Swimmers, coaches, officials, volunteers, parents, spectators and vendors are **NOT** permitted on the North Central High School campus until **after 4:00 pm EST**. Swimmers will not be permitted on the pool deck until 4:15 p.m.

Sanction: This meet is sanctioned by USA Swimming and Indiana Swimming #24145. Current USA Swimming and Indiana Swimming rules will govern this meet.

Location: North Central High School Natatorium, 1801 E. 86th Street, Indianapolis, IN 46240.

Directions: The North Central Natatorium is located on the north side of Indianapolis. From I-465, exit at Meridian Street or Keystone Avenue head south. From Meridian turn left/east at 86th Street and turn right/south at the stoplight at the school entrance across from the Northview Shops. From Keystone turn right/west at 86th Street/Nora exit and left/south at school entrance. Enter door #24 at rear of school.

Free Parking: Available in adjacent lots. Be advised that school dismissal on Friday afternoon may hamper parking access. Please do not arrive before 4:00 p.m. to allow for bus and student dismissal. Although this meet takes place in a safe community, Athletes and spectators are reminded to not leave valuables in their vehicle. WTSC is not responsible for lost or stolen items.

Entrance: Parking is available in the student lot, which is on the southeast side of the campus (next to the soccer fields). Please enter campus through the east entrance off of 86th Street and proceed to the lot on the southeast side. You may also park in the bus lot that is adjacent to the natatorium, accessible from the west entrance to NC campus. Both lots connect to the walkway to Door #16. Please enter the facility through door #16 only. Due to ongoing construction at North Central High School, parking and building entrances are subject to changes and will be communicated to coaches as soon as possible, if needed.

Admission: No admission fees will be collected

Local Attractions: Nearby hotels, restaurants, and stores accommodate a variety of tastes and budgets. Shopping includes: Northview Shops, Nora Plaza, The Fashion Mall at Keystone Crossing, Castleton Square Mall, and Glendale Plaza. Nearby Broad Ripple Village offers numerous dining options, shops and art galleries, as well as the Monon Trail and Central Canal for walking, running and biking.

Facility: The North Central Natatorium will use one 25-yard competition pool per session with 10 lanes and Keifer-McNeil non-turbulent lane markers, equipped with a Colorado Electronic Timing System. Lanes that are not used for competition will be used for continuous warm-up and warm-down.

The water depth of the pool from the west end to a distance beyond five meters is a constant six feet, and from the east end to a distance past five meters the depth is 14'6". At a point beyond five meters from the ends, the bottom slopes up to a water depth of 4'6" for a middle portion of the pool. The competition course is certified in accordance with 104.2.2C(4) and is on file with USA Swimming.

COVID Safety:

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

Safe Sport 360: The Minor Athlete Abuse Prevention Policy prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at [720-531-0340](tel:720-531-0340) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after [insert date that is 30 days prior to the last date of the actual competition], who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after [insert same date], who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

There will be a certified lifeguard available for both guest and swimmer safety.

Spectator Bleacher Seating: Available on one side only and seats approximately 500 people. The timed finals format will place spectator seating at a premium.

Concessions: WTSC will offer a variety of snacks and meals throughout the meet.

Accessible seating: A limited number of seats can be made available for those in need of accessible seating due to a physical disability.

Hotel Info: There are several hotels in the local area.

Meet Director: Emily Wolfe and Autumn Leppert- wtsmeetdirector@gmail.com

Entry Chair: Josh Buening- wts swimming@gmail.com

Head Coach: Josh Saylor- jsaylor5@yahoo.com

Meet Referee: Eric Hillenbrand- ehillenbrand@ccim.net

Communications: WTSC will only communicate with club coaches and/or designated representatives and not the swimmers' parents. Please seek additional information from those designated.

Entry Acceptance Date: Entries will not be accepted prior to **12:01 AM EST on Monday, January 8, 2024.**

Entry Deadline: The **Entry Deadline for swimmers intending to swim is 11:59 PM EST, January 13, 2024.** Teams not accepted will be notified by **8:00 PM EST, January 14, 2024.** The deadline will be extended if the meet is not full.

Entry Update Deadline: The **Entry Update Deadline (time changes, event deletion)** is **5:00 PM EST January 20, 2024**.

Entry Procedures:

Submit entries **via the internet only** in an USA Swimming approved SDIF file format recognized by Hy-teks Meet Manager to MEET ENTRY CHAIR:

Name- wtscswimming@gmail.com

Note: In a short time you should receive an email confirming submitted entry. Immediately report any problems entering to: wtscswimming@gmail.com. Your team will not be penalized or rejected from meet if you experience technical difficulties.

Other Entry Rules:

- Current and correct Swimming ID numbers must be supplied with your entry for every swimmer.
- No times and non-conforming times will be accepted.
- Non-conforming times will be converted by Hy-teks Meet Manager and will be seeded with conforming times accordingly.
- Relay entries must include names of four swimmers (minimum) of the correct sex and age group for the event. These names will be submitted in the order in which you intend them to swim. Actual relay teams and swimming order may be modified via the submission of relay cards. (See relay card section below.) The Entry Chair will not accept relay teams entered without names.
- Your electronic entry file must include all team information regarding your coach's name/s, team address, team phone number and team email address. Those teams that do not include this information will not be accepted into the meet until all of the required information is provided.

Acceptance Criteria: If meet is over-entered, WTSC will consider entries to accept based on:

- Past support of other WTSC Meets (not State Championships)
- Number of officials volunteering to assist with officiating the meet
- Balance of age groups and gender in entry
- Level of competition
- Order of acceptance after Meet Entry Acceptance Date

Once Accepted: Please perform the following tasks:

- Carefully check the entry report that WTSC emailed back to your team's designated individual. Report any errors or variances via email as soon as possible and before the deadline for changes **January 20, 2024 by 5:00 PM EST**. All athletes planning to swim, must be entered by the January 13, 2024 deadline. Any athlete entered after this date will be considered late and will incur deck entry fees. Late entries will be at the discretion of Meet Director and Entry Chair. Late entries will not be added if they will unduly extend the meet.
- Keep the original Entry Report WTSC sent to you along with all subsequent Entry Reports notifying you of changed or update entries. These are the official record of your team's entry. No refunds or changes will be made to your team's entry due to your failure to review reports sent to you by WTSC.
- Please email the following to: wtscswimming@gmail.com so it will be received by the Entry Chair on or before **5:00 PM EST January 20, 2024**:
 - Executed release and hold harmless agreement
 - Officials/Volunteer Sheets
- **Pay Fees:** Pay your fees at the meet prior to your first swimmer starting competition. If other payment options need to be arranged, please email the Meet Entry Chair.
- **Fees:**
 - \$20 per swimmer LSC ancillary fee/surcharge
 - \$5 per Individual Event (IE)

Deck Entry Fees: Double the price listed above per type of event

- Deck entries will be accepted only by the authority of the Meet Director or Meet Entry Chair and only if such additions will not affect the timeline. No new heats will be created for Deck Entries.
- No refund of fees for missed events, no-shows, scratches, disqualifications or event cancellations.
- WTSC will refund entry fees for heat-limited events
- Spectators not volunteering will be charged admission
- Volunteers not working current session will be charged admission

Entry Limitations:

Swimmers are limited to four (4) events per day.

Friday Evening Events: The 500 freestyle and the 400 IM will be limited to no more than four (4) heats per gender, unless the timeline allows for additional heats. No time updates or additional entries to Friday evening events will be accepted after cuts are announced. If the time line permits, host team may add heats in limited events solely for host team swimmers who do not meet cuts. Swimmers cut from all events on Friday evening do not need to report to pool. Swimmers who miss cuts due to an entry error that was not reported to WTSC prior to deadline for changes will not be added to limited events.

Saturday and Sunday Events: WTSC reserves right to limit select events during all sessions if deemed necessary to complete session/s within requirements of Indiana Swimming rules. No time updates or additional entries to any limited events will be accepted after cuts are announced. WTSC swimmers will be subject to same cuts and will not be added after cuts are announced. Swimmers who miss cuts due to an entry error that was not reported to WTSC prior to deadline for changes will not be added to limited events.

Psych Sheets: Psych Sheets for limited events will be e-mailed to participating clubs on or before **January 24, 2024**. They will also be posted to WTSC web site at: www.wtscswim.org. Failure by a coach or parent to determine if a swimmer has been cut is not an accepted excuse. Swimmers who have been cut may not swim.

Fly-Over Starts: Fly-Over starts may be used for this meet.

Session Start Times: WTSC may request ability to adjust start times of warm-ups or competition to be either earlier or later than published times as dictated by number of entries received and to coincide with Indiana Swimming recommendations. If start times are adjusted, team representatives will be notified via email on or before **January 24, 2024**.

Swimmer Eligibility: Swimmers must be registered with USA Swimming to be accepted into this meet. The swimmer's age as of **the first day of the meet January 26, 2024**, will determine eligibility for age group events. Current and correct Swimming ID numbers must be supplied with every swimmer entry. (Foreign athletes not currently registered with USA Swimming should submit the registration number assigned to them by their country's FINA member organization.) Athletes without proper registration will be denied participation in the meet. Indiana Swimming does not process on-site registrations.

USA Swimming Rules:

- **Supervision Rules:** (202.5.2) At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Directors or Meet Referee will assist the athlete without a member coach in making arrangements for such supervision.

"Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement."

- **Swimsuit Rules:** (102.0.1.b) Competitors must wear only one swimsuit in one or two pieces, except as provided in (205.10.1.) Swimsuits shall be made from textile materials. For men, the swimsuit should not extend above the navel nor below knees, and for women, shall not cover the neck, extend past shoulder, nor extend below the knee. The referee has the authority to bar offenders from competition until they comply with the rule.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- **202.4.9 J:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

Distance Events: Lap counters will **not be provided by host club** for the 500-yard events. Swimmers must provide lap counter.

Check-In: There will be no positive check-in for this meet. All events will be pre-seeded

Awards: Awards will be provided for places 1st-16th for ages 12 and under.

Final Results: Within three days of the conclusion of the meet, WTSC will email the designated Club Contact (and others upon request) the following results files: Hy-tek Meet Manager Back up (Swmmbkup.zip); Hy-tek Team Manager Results (CL2); and Text file (Html and/or PDF). Any team wishing a hard copy of the results should indicate accordingly in the "Special Requests" sections of the on-line entry form.

Coach Eligibility: All coaches on deck must be registered USA Swimming coaches. Coaches **MUST** constantly display their USA Swimming Coach's credentials or deck pass to gain deck access. Meet Referee reserves right to ask coach to display credentials or deny deck access if coach does not comply with request.

Facility rules: Please do not tape posters, placards, signs or banners to painted surfaces, use tiled surfaces only. Violations will be subject to damages payable to NCHS Natatorium. No damage or vandalism to property. Keep all trash picked up. No balloons in pool area. No smoking or tobacco allowed in Natatorium or on school premises including parking lots. Keep out of unauthorized areas, any place other than the lobby, seating area, pool deck, and designated camping areas. Only swimmers competing in current session, coaches of entered teams, officials and volunteers working current session will be allowed on deck. Refrain from flash photography during race starts.

Washington Township Swim Club Groundhog Invitational

January 28-30, 2022

SCHEDULE OF EVENTS

FRIDAY SESSION / TIMED FINALS

(Limited Heats)

4:45 PM WARM-UPS START

5:30 PM SESSION STARTS

GIRL'S EVENT #	AGE	DISTANCE	STROKE	BOY'S EVENT #
1	11 & OVER	500	FREE	2
3	10 & UNDER	200	FREE	4
5	11 & OVER	400	IM	6
7	10 & UNDER	200	IM	8

SATURDAY A.M. SESSION / TIMED FINALS

7:00 AM WARM-UPS START

8:00 AM SESSION STARTS

GIRL'S EVENT #	AGE	DISTANCE	STROKE	BOY'S EVENT #
9	13 & OVER	200	FREE	10
11	11-12	200	FREE	12
13	13 & OVER	100	BREAST	14
15	11-12	100	BREAST	16
17	13 & OVER	200	BACK	18
19	11-12	50	BACK	20
21	13 & OVER	200	FLY	22
23	11-12	100	FLY	24
25	13 & OVER	50	FREE	26
27	11-12	50	FREE	28

SATURDAY P.M. SESSION/ TIMED FINALS

WARMUPS: NOT BEFORE 11:00 A.M.

MEET START: 1 HOUR AFTER THE START OF WARMUPS

GIRL'S EVENT #	AGE	DISTANCE	STROKE	BOY'S EVENT #
29	8&UNDER	25	FREE	30
31	9-10	50	FREE	32
33	8&UNDER	50	BREAST	34
35	9-10	100	BREAST	36
37	8&UNDER	25	BACK	38
39	9-10	50	BACK	40
41	8&UNDER	50	FLY	42
43	9-10	100	FLY	44

SUNDAY A.M. SESSION/ TIMED FINALS

7:00 AM WARMUPS

8:00 AM SESSION START

GIRL'S EVENT #	AGE	DISTANCE	STROKE	BOY'S EVENT #
45	13 & OVER	100	FREE	46
47	11-12	100	FREE	48
49	13 & OVER	200	BREAST	50
51	11-12	50	BREAST	52
53	13 & OVER	100	BACK	54
55	11-12	100	BACK	56
57	13 & OVER	100	FLY	58
59	11-12	50	FLY	60
61	13 & OVER	200	IM	62
63	11-12	200	IM	64

SUNDAY P.M. SESSION/ TIMED FINALS

WARMUPS: NOT BEFORE 11:00 A.M.

MEET START: 1 HOUR AFTER THE START OF WARMUPS

GIRL'S EVENT #	AGE	DISTANCE	STROKE	BOY'S EVENT #
65	8&UNDER	50	FREE	66
67	9-10	100	FREE	68
69	8&UNDER	25	BREAST	70
71	9-10	50	BREAST	72
73	8&UNDER	50	BACK	74
75	9-10	100	BACK	76
77	8&UNDER	25	FLY	78
79	9-10	50	FLY	80
81	8&UNDER	100	IM	82

WASHINGTON TOWNSHIP SWIM CLUB
“Groundhog Invitational”

RELEASE AND HOLD HARMLESS AGREEMENT

CLUB: _____

CLUB CODE: _____

IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE IN THE SWIM MEET, CLUB, AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS HEREBY RELEASE AND FOREVER DISCHARGE WASHINGTON TOWNSHIP SWIM CLUB, USA SWIMMING, INDIANA SWIMMING, NORTH CENTRAL HIGH SCHOOL, THE RESPECTIVE OWNERS, TRUSTEES, DIRECTORS, OFFICERS, AGENTS, EMPLOYEES, MEMBERS, SUCCESSORS AND ASSIGNS OF EACH OF THEM, AND ALL OTHER PERSONS OR ENTITIES IN ANY WAY CONNECTED WITH SPONSORING OR HOLDING THIS SWIM MEET, OF AND FROM ANY AND ALL LIABILITIES, CLAIMS, DEMANDS, ACTIONS, CAUSES OF ACTION, LOSSES, DAMAGES OR EXPENSES, OF WHATEVER KIND OR CHARACTER, ARISING OUT OF OR IN CONNECTION WITH SAID SWIM MEET AND THE FACILITIES AND PERSONNEL FOR IT. FURTHER, CLUB AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS SHALL INDEMNIFY AND HOLD HARMLESS WASHINGTON TOWNSHIP SWIM CLUB, USA SWIMMING, NORTH CENTRAL HIGH SCHOOL, THE RESPECTIVE OWNERS, TRUSTEES, DIRECTORS, OFFICERS, AGENTS, EMPLOYEES, MEMBERS, SUCCESSORS AND ASSIGNS OF EACH OF THEM, AND ALL OTHER PERSONS OR ENTITIES IN ANY WAY CONNECTED WITH SPONSORING OR HOLDING THIS SWIM MEET, OF AND FROM ANY AND ALL LIABILITIES, CLAIMS, DEMANDS, ACTIONS, CAUSES OF ACTION, LOSSES, DAMAGES OR EXPENSES, OF WHATEVER KIND OR CHARACTER, ARISING OUT OF OR IN CONNECTION WITH ANY INJURY TO ANY PERSON, INCLUDING DEATH, OR INJURY OR DAMAGE TO ANY PROPERTY.

THE UNDERSIGNED REPRESENTS THAT HE/SHE IS AUTHORIZED BY THE CLUB, AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS TO EXECUTE THIS RELEASE AND HOLD HARMLESS AGREEMENT ON BEHALF OF EACH OF THEM, BINDING CLUB, AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS TO THE TERMS HEREOF.

EXECUTED THIS _____ **DAY OF** _____, 2024

SIGNATURE _____

PRINTED NAME _____ **POSITION** _____

WASHINGTON TOWNSHIP SWIM CLUB
Groundhog Invitational
January 28-30, 2024

TIMER VOLUNTEER SHEET

CLUB: _____

CLUB CODE: _____

NAME	HOME PHONE	OFFICE PHONE	FRI PM	SAT AM	SAT PM	SUN AM	SUN PM

WASHINGTON TOWNSHIP SWIM CLUB
Groundhog Invitational
January 28-30, 2024

OFFICIALS VOLUNTEER SHEET

CLUB: _____

CLUB CODE: _____

NAME	LEVEL	HOME PHONE	OFFICE PHONE	FRI PM	SAT AM	SAT PM	SUN AM	SUN PM