



# 2020 INDIANA SWIMMING AGE GROUP SHORT COURSE CHAMPIONSHIPS

Sponsored by SPEEDO

March 20-22, 2020

Sanctioned by USA and Indiana Swimming #IN20002



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## DEADLINE CHECKLIST

Teams are encouraged to use the checklist to ensure all responsibilities have been met and to avoid any problems at the meet.

DATE	TIME - DEADLINE (Eastern Time)	DESCRIPTION
Friday, March 13	11:59 pm	Online entries must be sent by today
Saturday, March 14	11:59 pm	Entry chairs to receive Entry Report & Exceptions report via e-mail from host
Monday, March 16	11:59 pm	Any exceptions, modifications, deletions must be addressed <b>Relays should be checked to make sure they conform to time standards. Any relays entered below the qualifying time after modification deadline will be seeded at the minimum qualifying time.</b>
<b>THE FIRST SESSION IN WHICH A TEAM/ATHLETE IS COMPETING</b>	One hour prior to the start of the session	All fees including any fines due to late entry shall be tendered no later than one hour prior to the start of the first session in which a team/athlete is competing, or the ENTIRE team will be scratched.
Friday, March 20	<b>15 min. prior to start of warm-ups</b>	<b>Coaches meeting 1 - Teams are responsible for having a coach present.</b>
	4:00 pm	Host will have all relay cards for the entire meet available
	1 hour prior to the start of the Friday session	Friday events scratch check-in deadline (all ages)
	4:45 pm	Coaches meeting
	30 minutes after the start of the Friday Finals session	Saturday events scratch and distance positive check-in deadline(11-12, 13-14)
	1 Hr Prior To Relay Event	Relay card turn-in deadline (13-14)
Saturday, March 21	8:30 am	Coaches meeting
	1 Hr Prior To Relay Event	Prelims relay card turn-in deadline (11-12, 13-14)
	12:00 pm	10 & U Coaches Meeting
	1 hour prior to the start of the Saturday 10 & U session	10 & U Scratch deadline
	Start of 10 & U session	10 & U relay card turn-in deadline
	30 minutes after the start of the Saturday Finals session	Sunday events scratch and distance positive check-in deadline (11-12, 13-14)
	1 Hr Prior To Relay Event	Final relay card turn-in deadline
Sunday, March 22	8:30 am	Coaches meeting
	1 Hr Prior To Relay Event	Prelims relay card turn-in deadline (11-12, 13-14)
	12:00 pm	10 & U Coaches Meeting
	1 hour prior to the start of the Sunday 10 & U session	10 & U Scratch deadline
	Start of 10 & U session	10 & U relay card turn-in deadline
	1 Hr Prior To Relay Event	Final relay card turn-in deadline
	End of meet	Teams should check host area for any unclaimed awards

**IMPORTANT FACTS REGARDING THE MEET**

<b>General</b>	<b>Coaches, swimmers, and legal guardians are responsible for the information contained in this meet announcement.</b>
	<b>USA Swimming, including MAAPP, and Indiana Swimming rules and regulations govern this meet.</b> Modifications and additions are noted in the announcement.
<b>Entry</b>	<b>Qualification Period</b> is March 1, 2019 thru late entry deadline on March 20, 2020.
	<b>Online Entry Deadline</b> is Friday, March 13, by 11:59 pm. (Eastern Time)
	<b>Entry Times may not be submitted <u>faster</u> than a provable time.</b>
	<b>Accuracy of entry</b> is the responsibility of the entering team.
	<b>Deadline for addressing ALL entry exceptions / modifications</b> is Monday, March 16 - 11:59 pm. (Eastern Time) ANY/ALL entries / modifications received after the Monday, March 16 - 11:59 pm will be considered late. This includes changes to relay times.
	<b>Teams/unattached swimmers, including relay only swimmers, that neglect to enter an event(s)</b> by Friday, March 13- 11:59 pm (Eastern Time) will be assessed a one-time \$100 Late Entry Fee plus \$14 per individual event, and \$16 per relay.
	<b>After the Psych Sheet is published to the ISI website on Wednesday prior to the start of the meet</b> , any swimmer or relay entering as a <b>late entry shall not be seeded in the top eight of the entered timed final event.</b> The swimmer or relay will be seeded by their entry time, but no higher than 9th place.
	<b>When submitting any subsequent entry files</b> , ALWAYS submit a complete entry file to host not just a file of modifications. Late entries, and associated fees, will be accepted up to one hour before the start of the Meet.
	<b>No refunds</b> shall be issued for events scratched after Entry deadline.
	<b>All fees including any fines due to late entry</b> shall be tendered no later than one hour prior to the start of the first session in which a team/athlete is competing.
<b>Any entry that does not have a proof of time standard</b> in the SWIMS Database will be posted on the Indiana Swimming website no later than Wednesday, March 18 - 5:00 PM.	
<b>A submitted entry time that cannot be proven</b> by proof /scratch deadline for the event will result in a swimmer's seed time reverting to the fastest qualifying time recorded in SWIMS for the qualifying period. If no qualifying time is available in SWIMS, and no proof is brought by event scratch deadline, then the swimmer will be scratched from the event.	
<b>Positive Check-in</b>	<b>In all individual events</b> , except the 1000 and 1650 Freestyle, the swimmer is <b>assumed to be swimming</b> unless he/she has been scratched.
	<b>Entrants in the 1000/1650 Freestyle must check-in</b> and confirm their intention to compete before the scratch deadline in order to be seeded. <b>Before scratch deadlines for distance and relays, entrants may designate a preference to swim the event during prelims by marking an AM next to their name/relay name.</b>
<b>Planning</b>	<b>Pre-Scratch Timelines for Prelim Sessions</b> will be available and shall be posted on Indiana Swimming website, on the Wednesday prior to the meet. Timelines posted are only approximations to be used only for general planning purposes. The actual meet session timelines may vary from what is posted. Athletes and Coaches are responsible to adhere to all meet deadlines and competition/event starting times. Please Check with your team coaches for updates.
	<b>Pre-Scratch Timed Finals Events Psych Sheet</b> will be available for all 200-1650 timed final and relay events (not including 10 & Under Events. This shall be posted on Indiana Swimming website, on the Wednesday prior to the meet. This is to be used for planning purposes, as scratches will alter the final seeding. <b>Note that distance swimmers and relays may elect to swim during the prelim session. The top 8 submitted 1000, 1650 and relay times not designated as a prelim swim will swim in finals.</b>
<b>Scratching from Finals</b>	<b>National scratch procedures, USA Swimming rule 207.11.6, will be observed.</b> Modifications and additions are noted in the announcement.
	<b>Scratching from Consolations, and Finals:</b> Any swimmer qualifying for the original B or A Final in an individual event, who fails to compete in said final shall be barred from further competition for the remainder of the meet (Additional penalties apply for the Sunday Evening Session)
<b>Format</b>	<b>Flyover starts</b> will only be used in preliminary sessions if timeline necessitates.
	<b>Backstroke ledges</b> will be available for the 11-12 and 13-14 age groups. Coaches are responsible for instructing their swimmers on proper use: locking in place, and foot placement in contact with the pads. Officials and timers will not assist due to other responsibilities.  Although the backstroke ledges will remain in place during the 10 & U session, swimmers will <b>NOT</b> be permitted to use the ledges.

\*\* HOD 2019

## GENERAL INFORMATION

***Coaches, swimmers, and legal guardians are responsible for the information contained in this meet announcement.***

### HOST

Southeastern Swim Club  
[www.southeasternswim.org](http://www.southeasternswim.org)

### FACILITY

IU Natatorium (IUPUI Campus)  
901 West New York Street  
Indianapolis, IN 46202

### POOL CERTIFICATION

- The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.
- Water depth range on start end 1-3m from wall: 9'-10'
- Water depth range on turn end 1-3m from wall: 9'-10'

### TIME ZONE

All times are local: Eastern Time.

### MEET DIRECTORS

Brian Kertin                      Kyle Hultgren  
(317) 517-4619                      (317) 517-0378  
[briankertin@gmail.com](mailto:briankertin@gmail.com)    [kylehultgren@gmail.com](mailto:kylehultgren@gmail.com)

Jessica Salvadori  
(317)744-4616  
[jmsalvadori614@yahoo.com](mailto:jmsalvadori614@yahoo.com)

### ENTRY CHAIRPERSON

Emily Schroeder  
(317) 509-5032  
[sscentries@gmail.com](mailto:sscentries@gmail.com)

### MEET REFEREE

Greg Walker – [walk1012@gmail.com](mailto:walk1012@gmail.com)

### ADMINISTRATIVE REFEREE

Dave Nadler – [dmnadler@hotmail.com](mailto:dmnadler@hotmail.com)

### OFFICIALS

- To officiate, one must complete the online Officials application on the Indiana Swimming website. This is located on the Officials page. [Official's Application](#)
- All Officials will be selected by the Indiana Officials Committee.
- This meet has been approved as a 'Qualifying Meet' for all N2 and only N3 Stroke and Turn position evaluations. Please include your evaluation request on the online Officials application.

### RULES

Current USA Swimming, including MAAPP (Minor Athlete Abuse Protection Policy), and Indiana Swimming rules will govern this meet.

Requirements and Conditions for Sanction: USA Swimming rules 202.4 and 202.5.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason or injuries to anyone during the conduct of the event.

No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist in making arrangements for such supervision, but it is the swimmer's responsibility to make arrangements prior to the start of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in USA Swimming rule 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pool, athlete/coach areas, spectator areas, and open ceiling locker-rooms) any time athletes, coaches, officials and/or spectators are present.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

### INDIANA SWIMMING BROADCAST POLICY AND IMAGE AUTHORIZATION

#### Broadcast Statement

Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of Indiana Swimming.

#### Image Authorization

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of Indiana Swimming and the meet host under the conditions authored by Indiana & USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in this Indiana Swimming competition to promote such competition.

#### On Deck Image Recording

Videotaping and Photography on deck during this event is only allowed by approved USA Swimming member Coaches, Media, Webcasting staff and Host Photographer in their professional capacities or Volunteers assigned by the meet host if so designated to do so.

## FACILITY INFORMATION

### PARKING

Parking fees are determined by the IUPUI Parking Services and subject to change without notice. **The meet host, Indiana Swimming, and the Natatorium staff have no influence on parking prices or procedures.**

Currently, the charge is \$7 each time the garage is entered. A credit card is required for access.

### NATATORIUM ENTRANCE

The Natatorium may be entered from the parking garage or from the west entrance on University Boulevard.

### SPECTATOR SEATING

Both concourses will be available for spectator seating. There are handicap accessible areas.

### RESULTS

Live results and Meet Mobile will be available. **These are considered UNOFFICIAL RESULTS, and are provided as a courtesy only.**

The Natatorium has adopted a GreenPolicy. Results will no longer be posted in the concourse.

### CONCESSIONS

Concessions are available in the concourse. The host team and Natatorium staff have no control over the availability or cost of items, nor the hours of operation.

### LOST AND FOUND

The host team is not responsible for items left at the facility.

### FACILITY NOTES

All swimmers, coaches, officials, and spectators are asked to please treat this facility like it was their own. **Anyone caught abusing the building/facility will be asked to leave the meet IMMEDIATELY!!!**

- This is a smoke, tobacco and vaping free facility.
- IUPUI is a Smoke Free campus.
- Keep all trash picked up.
- Spectators, coaches, and athletes are to remain out of any unauthorized areas.
- No radios, bells, balls, or any other device that will be an inconvenience will be allowed.
- No posting signage/banners on ANY PAINTED SURFACES.
- Vandalism will not be tolerated. Any individual caught vandalizing will be asked to leave for the remainder of the meet.

### CHARGES

#### Psych and Heat Sheets

- Psych Sheet – available for download from host website only
- Prelim Heat Sheets - \$4
- Finals Heat Sheet – \$1
- Heat sheets will also be available electronically
- 10 & Under Heat Sheets will not be available due to time constraints based on the scratch deadline.

#### Admissions

- All Session Pass - \$ 30
- Friday Timed Finals Pass -\$8
- Saturday **or** Sunday All Day Pass – \$ 12
- Saturday **or** Sunday Prelims Only- \$10
- 10 & U Session Pass - \$ 8
- Finals – Free
- Ages 12 & Under Free
- Coaches and Officials who are not working as coaches or officials must pay admission for access to seating area

### COACH AND ATHLETE DECK ACCESS

#### Athlete Entrance and Exit

Athletes enter the pool level via the wide stairs at the east end of the Natatorium near the elevators/parking garages. Exit is through the west stairs, on the north end of the facility.

#### Deck Seating Capacity

Deck bleachers will be available for teams to use. There is ample deck seating.

### CREDENTIALS / DECK ACCESS

Due to USA Swimming insurance, only swimmers, credentialed coaches and officials, and meet volunteers will be allowed on deck. **There are no exceptions.**

**In compliance with Natatorium policy**, all coaches, officials and volunteers are required to show a valid government-issued picture ID to attain access to the deck level at this event. To receive meet packets and gain deck access, ALL coaches will be required to display valid and current USA Swimming membership cards or Deck Pass. Officials will be required to show their USA Swimming certification cards. **This will be strictly enforced.** The meet referee and/or meet directors reserve the right to deny access to anyone not in compliance.

### ACCIDENTS

All accidents resulting in injury are to be reported to the meet directors. The on-line USA Swimming Accident Occurrence form must also be submitted.

## ENTERING THE MEET

### ENTRY CHAIRPERSON

Emily Schroeder  
5016 Guilford Ave.  
Indianapolis, IN 46205  
(317) 509-5032; [sscentries@gmail.com](mailto:sscentries@gmail.com)

Online entry system is located on Indiana Swimming web site [www.inswimming.org](http://www.inswimming.org)

### QUALIFYING PERIOD

Times must be achieved from March 1, 2019 thru late entry deadline on March 20, 2020.

### ELIGIBILITY

- All swimmers, coaches, and officials must have an ID # registered with Indiana Swimming, USA Swimming rule 202.5. ISI will not process any on-deck registrations at this meet.
- This meet is limited to swimmers ages 14 and Under. All swimmers must compete in their own age group. Age as of the first day of the meet will determine age for the meet, USA Swimming rule 205.2.
- Swimmers with qualifying times made during the qualifying period will be allowed to enter this meet. Official time standards are included in this entry.
- ISI has a swimmer with disability inclusion policy. Contact the ISI Disability Coordinator for application and consideration, [Disability Application](#)
- ISI has a diversity and inclusion policy to assist outreach members participating in the meet. Please contact the [ISI Office](#) for more information.
- Swimmers submitted times may not be **faster** than a provable time.
- A submitted entry time that cannot be proven by proof /scratch deadline for the event will result in a swimmer's seed time reverting to the fastest qualifying time recorded in SWIMS for the qualifying period. If no qualifying time is available in SWIMS, and no proof is brought by event scratch deadline, then the swimmer will be scratched from the event.

### ENTRY LIMITS

- Swimmers may enter an unlimited number of events.
- Must scratch down to 6 events for the entire meet plus relays.
- No more than 3 individual events per day, including time trials, are allowed.

### ENTRY FEES

- \$ 5.00 per swimmer surcharge – this includes relay only alternates
- \$ 1.50 IUPUI Natatorium surcharge per swimmer
- \$ 7.00 per individual event entry
- \$ 8.00 per relay entry

**The total amount of all fees due, including any fines incurred due to late entry for all swimmers and events, entered shall be tendered no later than one hour prior to the start of the first session in which the team/athlete is competing or the entire team will be scratched from the meet. Responsibility lies with the entering team to make sure payment is tendered to the**

**host in a timely fashion.** The Summary of Entries form (page 12) can either be emailed or included with payment.

**No refunds** shall be issued for events scratched after the entry deadline.

### ENTRY DEADLINE / ASSOCIATED DATES

***It is the responsibility of the entering team/unattached swimmer to heed deadlines and be responsible for the accuracy of team entries.*** Teams should ensure they have the current version of Team Manager/Unify, downloaded the meet set-up file from Indiana Swimming, and software is set to **not** convert times. Always submit a complete entry file to host, not just a file of the modifications.

**Prior to running an eligibility report or entering athletes in Team Manager/Unify, check the box in Meet set-up/Eligibility rules "enforce qualifying times".**

Please include with your entry the names of all the relay swimmers plus any/all alternates' names, USA SWIMMING numbers, and ages.

- **Friday, March 13 by 11:59 pm (Eastern Time)**  
All Entries due via the mandatory Online Entry System located at [www.inswimming.org](http://www.inswimming.org). An entry must be submitted by the Friday deadline, for entries after this date will be considered late. The only exception is a team/unattached swimmer who achieved a qualifying time between the Friday Deadline and the Monday Deadline.
- **Saturday, March 14 by 11:59 pm (Eastern Time)**  
Host will send a Final Entry Report and Exception report (if any) back to entering team/unattached swimmer via e-mail. **Relay times cannot be run against time standards in Meet Manager, and thus will not appear in an Exception report. The entering team should check relay times prior to submission for accuracy. Relays not showing a qualifying time by the modification deadline will be seeded at the minimum qualifying time.**
- **Monday, March 16 by 11:59 pm (Eastern Time)**  
Entering teams must address their exceptions. Exceptions/Modifications. Changes made after Friday Deadline and before Monday Deadline may include additions, deletions, and corrections to the existing (submitted) team entry, **including relays.**

Note: Exception Reports do not include Proof of Time verification. See Verification/Proof of Time section.

### LATE ENTRY

ANY entries / modifications received after the Monday, March 16 -11:59 pm will be subject to the late entry fee system. For a swimmer already in the meet this includes a single opportunity to change any entry time for a missed event, to switch events, or alter an existing entry time. A team/unattached swimmer entered late may not make a change after entry. **Refer to Individual and Relay Seeding for additional late entry information.**

Teams/unattached swimmers, **including relay only swimmers**, that neglected to enter an event(s) by Friday, March 13-11:59 pm can enter up to one hour before the

## Hosted by Southeastern Swim Club

start of the meet. These late teams/unattached swimmers will be assessed a one-time \$100 Late Entry Fee plus \$14 per individual event, and \$16 per relay.

### OVER ENTRIES

Failure to scratch by appropriate deadlines will result in swimmer being entered in consecutive events, beginning with the first event entered until the maximum has been attained and scratched from all remaining events.

The coach and swimmer must recognize and accept the responsibilities and the extra obligations if they want to enter extra events.

### VERIFICATION / PROOF OF TIME

Indiana Swimming will verify all entries via SWIMS after the entry deadline. Any entry that does not have a qualifying time within the qualifying period will be included on a proof needed list. **Times submitted may not be faster than provable.** The list of proofs needed will be posted on the Indiana Swimming website no later than Wednesday, March 18 - 5:00 pm (Eastern Time).

**Teams will have to provide proof of time to ISI offices by Thursday - 4:00 pm OR at the meet to the Meet Referee or his/her designee prior to applicable scratch deadlines for the event(s) or the swimmer will be scratched.**

**All proofs** submitted to ISI, including those from Non-USA Swimming Meets, should use the [PROOF](#) submission form

located on the championship web page. **Swimmers' names must be circled or highlighted on results.**

Acceptable verifications are official results in PDF form from:

- USA Swimming sanctioned or approved meets;
- College, High School, Junior High, YWCA or YMCA meets sanctioned by their respective governing organizations;
- Websites (provided host address is printed on the copy);
- Meet Mobile or Live Results with visible meet and date headers;
- Verification slips, time cards, timing system tapes or photocopies of such which are referee signed and dated.
- Official results from USA Swimming meets must be printed with either host team's name or IUPUI Natatorium on each page.

Relays cannot be pre-proven with the Hy-Tek program at this time. Therefore, any team's relay that misses the cut or is disqualified will have to provide proof of time **for all relays** in that event. Proofs must be sent to the Indiana Swimming office no later than the Friday, April 10 - 4:00 pm. Any unproven relays after this time will be assessed a \$100 non-refundable fee due to Indiana Swimming. A swimmer's name and time may only be used once per event to prove a relay time.

**TIME STANDARDS**

Times must have been achieved from March 1, 2019 thru late entry deadline on March 20, 2020.

<b>GIRLS</b>				<b>BOYS</b>		
<b>LCM</b>	<b>SCM</b>	<b>SCY</b>	<b>10 &amp; under</b>	<b>SCY</b>	<b>SCM</b>	<b>LCM</b>
0:35.19	0:34.29	0:30.99	<b>50 Free</b>	0:31.19	0:34.19	0:35.69
1:18.49	1:14.59	1:08.49	<b>100 Free</b>	1:09.29	1:16.59	1:20.29
2:51.19	2:44.39	2:29.99	<b>200 Free</b>	2:32.09	2:48.09	2:52.79
0:41.89	0:39.89	0:36.09	<b>50 Back</b>	0:36.69	0:40.49	0:42.49
1:30.39	1:27.09	1:18.69	<b>100 Back</b>	1:19.89	1:27.49	1:33.29
0:48.19	0:45.79	0:41.59	<b>50 Breast</b>	0:42.39	0:46.89	0:49.99
1:44.99	1:39.09	1:29.89	<b>100 Breast</b>	1:33.09	1:42.79	1:48.89
0:40.09	0:38.09	0:34.79	<b>50 Fly</b>	0:35.89	0:39.69	0:41.59
1:37.79	1:31.59	1:22.79	<b>100 Fly</b>	1:24.19	1:33.09	1:41.19
3:15.29	3:07.89	2:49.69	<b>200 IM</b>	2:51.99	3:09.09	3:20.99
2:36.29	2:27.99	2:15.19	<b>200 Free Relay</b>	2:20.29	2:33.69	2:46.59
3:02.39	2:48.29	2:33.69	<b>200 Medley Relay</b>	2:43.39	2:58.59	3:16.29
<b>LCM</b>	<b>SCM</b>	<b>SCY</b>	<b>11-12</b>	<b>SCY</b>	<b>SCM</b>	<b>LCM</b>
0:31.29	0:29.99	0:27.29	<b>50 Free</b>	0:27.39	0:30.09	0:31.69
1:08.39	1:04.99	0:59.39	<b>100 Free</b>	0:59.79	1:05.49	1:09.39
2:29.69	2:22.89	2:10.59	<b>200 Free</b>	2:10.99	2:23.99	2:30.09
5:17.09	5:04.09	5:47.49	<b>400M / 500Y Free</b>	5:47.79	5:04.39	5:21.59
0:36.79	0:34.49	0:31.39	<b>50 Back</b>	0:31.89	0:34.99	0:36.89
1:19.79	1:14.09	1:07.59	<b>100 Back</b>	1:08.79	1:15.39	1:20.99
0:41.19	0:39.19	0:35.79	<b>50 Breast</b>	0:36.39	0:39.99	0:42.09
1:30.49	1:25.29	1:17.79	<b>100 Breast</b>	1:19.29	1:26.99	1:33.29
0:33.79	0:32.89	0:29.99	<b>50 Fly</b>	0:30.49	0:33.49	0:34.99
1:17.79	1:14.19	1:07.69	<b>100 Fly</b>	1:09.59	1:16.99	1:20.59
2:49.89	2:39.69	2:25.89	<b>200 IM</b>	2:28.29	2:42.29	2:51.79
2:10.09	2:04.49	1:53.09	<b>200 Free Relay</b>	1:56.89	2:07.99	2:15.69
2:26.89	2:19.19	2:07.09	<b>200 Medley Relay</b>	2:10.29	2:22.59	2:34.89
<b>LCM</b>	<b>SCM</b>	<b>SCY</b>	<b>13-14</b>	<b>SCY</b>	<b>SCM</b>	<b>LCM</b>
0:29.39	0:28.09	0:25.59	<b>50 Free</b>	0:24.09	0:26.49	0:27.99
1:03.49	1:01.19	0:55.79	<b>100 Free</b>	0:52.89	0:57.99	1:00.99
2:18.89	2:12.89	2:01.29	<b>200 Free</b>	1:56.09	2:07.19	2:13.99
4:56.59	4:46.89	5:22.69	<b>400M / 500Y Free</b>	5:09.49	4:30.89	4:46.39
10:22.19	10:04.19	11:29.69	<b>800M / 1000Y Free</b>	11:05.99	9:42.79	09:59.79
19:46.79	19:08.29	19:12.89	<b>1500M / 1650Y Free</b>	18:31.19	18:24.59	19:38.99
1:13.09	1:09.09	1:02.69	<b>100 Back</b>	1:00.49	1:06.79	1:11.59
2:37.49	2:28.39	2:15.59	<b>200 Back</b>	2:11.09	2:24.89	2:33.69
1:23.79	1:18.99	1:11.79	<b>100 Breast</b>	1:08.39	1:15.09	1:20.59
3:01.89	2:52.09	2:37.59	<b>200 Breast</b>	2:31.69	2:47.19	2:57.19
1:11.69	1:08.49	1:02.59	<b>100 Fly</b>	0:59.19	1:05.89	1:08.39
2:44.69	2:37.59	2:22.59	<b>200 Fly</b>	2:16.69	2:30.99	2:41.39
2:39.99	2:31.89	2:18.69	<b>200 IM</b>	2:12.09	2:24.59	2:33.19
5:43.29	5:20.29	4:52.69	<b>400 IM</b>	4:43.39	5:11.79	5:30.79
2:01.09	1:55.79	1:45.39	<b>200 Free Relay</b>	1:41.39	1:52.29	1:58.79
2:16.39	2:10.29	1:58.09	<b>200 Medley Relay</b>	1:54.79	2:05.79	2:17.19
4:28.09	4:14.99	3:52.19	<b>400 Free Relay</b>	3:43.29	4:07.19	4:22.69
4:59.39	4:42.59	4:16.19	<b>400 Medley Relay</b>	4:11.89	4:35.89	5:00.29

**ORDER OF EVENTS**

FRIDAY TIMED FINALS			
GIRLS	EVENT ORDER		BOYS
<i>South Pool</i>			<i>North Pool</i>
1	10 & U	200 IM	2
3	11-12	200 IM	4
5	13-14	400 IM	6
7	10 & U	200 Freestyle	8
9	11-12	500 Freestyle	10
11	13-14	500 Freestyle	12
13	13-14	400 Medley Relay	14

\* Timed Finals with the top 8 submitted entry times, **top 8 times not indicating a prelim swim**, swimming in evening finals.

\*\* The 1000 and 1650 Freestyle are to be conducted on a timed finals basis with only the fastest seeded heat, **top 8 times not indicating a prelim swim**, to swim in finals. The balance of the heats are to be held in preliminaries, swimming fastest to slowest.

Preliminaries		SATURDAY		Finals	
GIRLS	BOYS	EVENT ORDER		GIRLS	BOYS
<i>North Pool</i>	<i>South Pool</i>			<i>South Pool</i>	
XXX	XXX	13-14	1000 Freestyle**	25	26
27	28	13-14	200 Free Relay*	27	28
29	30	11-12	200 Freestyle	29	30
31	32	13-14	50 Freestyle	31	32
33	34	11-12	50 Backstroke	33	34
35	36	13-14	200 Backstroke	35	36
37	38	11-12	100 Butterfly	37	38
39	40	13-14	100 Butterfly	39	40
41	42	11-12	50 Freestyle	41	42
43	44	13-14	200 Freestyle	43	44
45	46	11-12	100 Breaststroke	45	46
47	48	13-14	100 Breaststroke	47	48
49	50	11-12	200 Medley Relay*	49	50
51	52	13-14	200 Medley Relay*	51	52
25	26	13-14	1000 Freestyle**	XXX	XXX

Preliminaries		SUNDAY		Finals	
GIRLS	BOYS	EVENT ORDER		GIRLS	BOYS
<i>South Pool</i>	<i>North Pool</i>			<i>South Pool</i>	
XXX	XXX	13-14	1650 Freestyle**	63	64
65	66	13-14	200 IM	65	66
67	68	11-12	100 Backstroke	67	68
69	70	13-14	100 Backstroke	69	70
71	72	11-12	50 Breaststroke	71	72
73	74	13-14	200 Breaststroke	73	74
75	76	11-12	100 Freestyle	75	76
77	78	13-14	100 Freestyle	77	78
79	80	11-12	50 Butterfly	79	80
81	82	13-14	200 Butterfly	81	82
83	84	11-12	200 Free Relay*	83	84
85	86	13-14	400 Free Relay*	85	86
63	64	13-14	1650 Freestyle**	XXX	XXX

10 & UNDER SESSION TIMED FINALS		
<i>South Pool</i>		
GIRLS	SATURDAY	BOYS
15	100 Butterfly	16
17	50 Backstroke	18
19	100 Breaststroke	20
21	50 Freestyle	22
23	200 Medley Relay	24

10 & UNDER SESSION TIMED FINALS		
<i>South Pool</i>		
GIRLS	SUNDAY	BOYS
53	50 Butterfly	54
55	100 Backstroke	56
57	50 Breaststroke	58
59	100 Freestyle	60
61	200 Free Relay	62

**Backstroke ledges** will be available for the 11-12 and 13-14 age groups. Coaches are responsible for instructing their swimmers on proper use: locking in place, and foot placement in contact with the pads. Officials and timers will not assist due to other responsibilities.

Although the backstroke ledges will remain in place during the 10 & U session, swimmers will **NOT** be permitted to use the ledges.

## MEET SCHEDULE

		Preliminaries		Finals	
		Warm-ups	Meet Starts	Warm-ups Not before	Meet Starts Not Before
<b>Timed Finals</b>	Friday			3:15 pm	5:00 pm
<b>11-12 &amp; 13-14 Age Groups</b>	Saturday	7:30 am - 8:30 am	8:45 am	4:30 pm	5:30 pm
	Sunday	7:30 am - 8:30 am	8:45 am	4:00 pm	5:00 pm
<b>10 &amp; Under Sessions</b>	Saturday			12:30 pm	1:30 pm
	Sunday			12:30 pm	1:30 pm

## MEET PROCEDURES & FORMAT

### WARM-UP

- No lane assignments will be made for warm-ups.
- The diving well will be available during the entire meet, including warm-ups.
- NOTE: Marshals will be monitoring and enforcing warm-up procedures. Coaches please review the following: [Warm-up Procedures](#)

WARM-UP SCHEDULE								
		General Warm-up NO DIVING	Sprint Racing starts from start end only. Swim one way. Walk back.	Pace	General Warm-up NO DIVING	FRIDAY ONLY  Sprint Lanes 1, 2	Close Pool	Meet Starts Not Before
<b>FRIDAY, PRELIMS, FINALS</b>		<b>ALL LANES</b>	<b>Lanes 2, 3, 6, 7</b>	<b>Lanes 1, 8</b>	<b>Lanes 4, 5</b>	<b>10 &amp; U ONLY Lanes 3-8</b>		
<b>10 &amp; U Sessions</b>		<b>ALL LANES</b>	<b>Lanes 2, 3, 6, 7, 8</b>	<b>Lane 1</b>	<b>Lanes 4, 5</b>			
Timed Finals**	Fri.	3:15 - 4:00 pm	4:00 - 4:15 pm		4:15 - 4:45 pm		4:45 pm**	5:00 pm
10 & U Sessions**	Sat.	12:30* - 1:00 pm	1:00 - 1:15 pm				1:15 pm	1:30 pm
	Sun.	12:30* - 1:00 pm	1:00 - 1:15 pm				1:15 pm	1:30 pm
Prelims	Sat. & Sun.	7:30 - 8:15 am	8:15 - 8:30 am				8:30 am**	8:45 am
Finals	Sat.	4:30* - 5:00 pm	5:00 - 5:15 pm				5:15 pm	5:30 pm
	Sun.	4:00* - 4:30 pm	4:30 - 4:45 pm				4:45 pm	5:00 pm

\*Warm-ups will start not earlier than.  
 \*\* Coaches Meeting 1 - 15 minutes prior to start of warm-ups and continues post warm-ups.  
 10 & Under Coaches meeting one hour prior to start of 10 & U warm-ups.

### FORMAT

This meet will be run in Modified Championship Meet Format with preliminaries, consolation finals, and finals for the 11-12 and 13-14 age groups. **All relay** events will be conducted as **timed finals**. The top 8 submitted entry times in each of these timed final events, **not indicating a prelim swim**, will swim in evening finals.

The **distance Freestyles, 1000 and 1650, will be swum on a timed final basis** with only the fastest seeded heat, **top 8 submitted times not indicating a prelim swim**, to swim in finals. The balance of the heats are to be held in preliminaries, swimming fastest to slowest.

**Fly-over starts** will only be used in the preliminary sessions if timeline necessitates.

**Distance event swimmers** must provide their own lap counter. Lap counters that do not have deck access via their coach card or athlete status will not be allowed on deck until 15 minutes prior to the distance event start time(s) and must exit the deck immediately following the swim. These counters must sign in and out at the deck entrance security table.

**Courtesy rest**, 12-15 minutes timed between the athlete's heats not events, shall be given for swimmers in consecutive events. It is the responsibility of the coach or swimmer to notify the meet referee of a swimmer's situation **PRIOR TO** the swimmer's first event regarding the courtesy.

## MEET CONDUCT

### RULES

The meet will be conducted in accordance with USA Swimming and Indiana Swimming rules and regulations.

### PRE-SCRATCH TIMELINES

Pre-scratch timelines for prelim sessions will be available, and shall be posted on Indiana Swimming website, on the Wednesday prior to the meet. Timelines posted are only approximations to be used only for general planning purposes. The actual meet session timelines may vary from what is posted. Athletes and coaches are responsible to adhere to all meet deadlines and competition/event starting times.

### PRE-SCRATCH TIMED FINALS PRELIMS PSYCH SHEET

A pre-scratch prelims psych sheet for all 200-1650 timed final and relay events (not including 10 & Under session events). This shall be posted on Indiana Swimming website, on the Wednesday prior to the meet. This is to be used for planning purposes, as scratches will alter the final seeding. **Note that distance swimmers and relays may check-in and elect to swim during the prelim session. The top 8 submitted 1000/1650 and relay times not designated as a prelim swim will swim in finals.**

### COACH SCRATCH BOX RESPONSIBILITY

All scratches for individual and relay events, regardless of reason, must be made at the Scratch Table by:

Friday Timed Finals	1 hour prior to start of Friday Finals
Saturday Prelims	30 minutes after start of Friday Finals
Saturday 10 & U	1 hour prior to start of 10 & U session Saturday
Sunday Prelims	30 minutes after start of Saturday Finals
Sunday 10 & U	1 hour prior to start of 10 & U session Sunday

Coaches must sign their names on the scratch forms.

The money for scratched events is NOT refundable.

### OVER ENTRIES

Failure to scratch by appropriate deadlines will result in swimmer being entered in consecutive events, beginning with the first until the maximum has been attained and scratched from all remaining events.

### SEEDING OF INDIVIDUAL EVENTS

Seeding order: Short Course Yards - Long Course Meters - Short Course Meters (Y- L-S). No entry times will or should be converted for seeding.

In individual events other than the 1000 and 1650, the swimmer is assumed to be swimming unless he/she has been scratched.

Per USA Swimming rule 207.11.7, **entrants in the 1000 and 1650 Freestyle must check in at the Clerk of Course and confirm their intention to compete** before the scratch deadline for the event in order to be seeded. **During check-in for distance, entrants may designate a preference to swim the event during prelims by marking an AM next to their name.** Individuals failing to check-in may present themselves to the Meet Referee or

his/her designee requesting to swim, and may be placed only as there are existing open lanes in the slowest heat per gender.

After the Psych Sheet is published to the ISI website on Wednesday prior to the start of the meet, any swimmer entering as a late entry shall not be seeded in the top eight of the entered event. The swimmer will be seeded by their entry time, but no higher than 9th place.

A copy of the seeded heat sheet after scratches shall be posted before warm-ups for Friday and Saturday prelims.

### SCRATCH PROCEDURES - INDIVIDUAL EVENTS

**National scratch procedures, USA Swimming rule 207.11.6, will be observed.** Additions and modifications are noted below.

#### Preliminary Heats

In all events where preliminary heats are necessary, **or in any timed final event, excluding 10 & Unders**, after the heats have been seeded, any swimmer who fails to compete in an individual event heat in which they are entered and have not been scratched in accordance to the above deadline **will be barred from all further individual events of that day.** (NOTE: This does not bar an individual who has qualified earlier in the session for a Consolation or Final from swimming in that Final.) The application of this penalty shall pertain to the order in which the event/heats are swum, not the numerical order of the events.

Additionally, that swimmer shall be scratched from any individual events on succeeding days unless that swimmer or the swimmer's coach declares the swimmer's intent to swim prior to the close of the scratch box for that day's events, or within 30 minutes of the missed event.

#### Scratching from Consolations, and Finals

- SUNDAY ONLY: No-shows or not scratching according to the rules by the appropriate deadlines (Exceptions for failure to compete - B), for original/initial consolation finals or finals will result in a \$50 fine per swimmer regardless of the number of events missed that finals session. The fine shall be assessed to the swimmer. Host team will forward violations to the ISI office. ISI office will notify violators and collect fines. ISI office will send \$25 per fine collected back to host team.
- A. Any swimmer qualifying for the original consolation final or final in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet except as noted in "Exceptions" below. A declared false start 101.1.3E or deliberate delay of meet 101.1.5 is NOT permitted and will be regarded as a failure to compete. In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). Any potential alternate for finals must report to the Deck Referee or Starter prior to the applicable event. There will be no announcements made to fill the heat.

## Hosted by Southeastern Swim Club

- B. In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). Any potential alternate for finals must report to the Deck Referee or Starter prior to the applicable event. There will be no announcements made to fill the heat.
- C. First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
- D. Where consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in appropriate lane(s), filling all lanes in the final.
- E. If the consolation final has already been contested, the final shall be swum without re-seeding for the empty lane(s).

### Exceptions for failure to compete:

No penalty shall apply for failure to withdraw or compete in an individual event if:

- A. The Referee must be notified prior to the start of the event of illness or injury and accepts the proof thereof.
- B. A swimmer qualifying for a bonus final, consolation final or final race following the preliminaries notifies the Administrative Referee within thirty (30) minutes after announcement of the qualifiers for that final race that he may not intend to compete and further declares his final intentions within 30 minutes following his last individual preliminary event.
- C. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

## RELAYS

### Entry Forms

If a swimmer is only on a relay and not competing in individual events, they **MUST** be on the team entry report. No swimmer will be allowed to swim unless his/her name is on the entry report.

### Relay Time Standards

The standard is listed on the Time Standard page. Proof of time shall be the aggregate of any four individual swimmers eligible to compete for your team or an actual attained time by a relay team from your team designated – "A", "B", "C", etc.

### Relay Cards

All relay cards will be made available for pick-up by the host team no later than 1 hour before the start of competition the first day of the meet. Please turn relay cards to the Administrative Referee or host team's designated person no later than one hour before the relay is scheduled to swim for the 11-12, 13-14 age groups. Relay cards for the 10 & Under age group are due at the start of session. Returned relay cards are to include the full names of the swimmers intending to swim and shall be listed in the order that they will be swimming.

### Relay Scratch Deadline

Relay scratches need to be made by applicable scratch deadlines as indicated under Coach Scratch Box Responsibilities.

### Relay Seeding

***Before scratch deadline for relays, entrants may designate a preference to swim the event during prelims by marking an AM next to their name relay.***

All relays will be swum as timed finals; refer to Meet Format for specifics.

After the Psych Sheet is published to the ISI website on Wednesday prior to the start of the meet, any relay entering as a late entry shall not be seeded in the top eight of the entered event. The relay will be seeded by their entry time, but no higher than 9th place.

## SCORING

Individual events are scored as follows:

20 - 17 - 16 - 15 - 14 - 13 - 12 - 11 - 9 - 7 - 6 - 5 - 4 - 3 - 2 - 1

Relay events are scored as follows:

40 - 34 - 32 - 30 - 28 - 26 - 24 - 22 - 18 - 14 - 12 - 10 - 8 - 6 - 4 - 2

## AWARDS

INDIVIDUAL EVENTS: Medals for 1st-8th

Ribbons for 9th-16th

RELAY EVENTS: Medals for 1st-8<sup>th</sup>

Awards will be awarded as follows:

- Each Age Group Boys' & Girls' Team Champions
- Individual high point boy and girl in each age group
- Overall Team trophies -- 1st-10th place

In the **evening sessions**, awards ceremonies shall be conducted in a manner that does not excessively delay the meet. An Awards Schedule will be printed in the Finals Heat Sheets.

Ribbons for 9th-16<sup>th</sup>, and any unclaimed medals can be picked up during evening finals only.

During the **10 & Under Finals sessions**, the meet will be stopped for the presentation of individual awards. An Awards Schedule will be printed in the 10 & Under Heat Sheets.

10 & Under ribbons for 9th-16<sup>th</sup>, and any unclaimed medals can be picked up during the 10 & Under Finals session only. This Awards area will be in the guard/basket area to the locker rooms.

If there are any unclaimed swimmer awards at the end of the meet, the host will send them to the Indiana Swimming office. Teams will have to make arrangements for shipping or pick-up with the office for these previously unclaimed awards.

## TIME TRIALS

Time Trials will not be offered.

**SUMMARY OF ENTRIES**

***THIS FORM IS REQUIRED WITH PAYMENT***

The total amount of all fees due, including any fines incurred due to late entry for all swimmers and events entered, shall be tendered no later than one hour prior to the start of the first session in which the team/athlete is competing. (If utilizing Fed Ex/Overnight mail you must check the waive signature box.)

Please fill out the information requested below and mail with your entry form and check. Please refrain from sending cash.

**Make checks payable to: Southeastern Swim Club**

Thank you.

Send to: Emily Schroeder  
5016 Guilford Ave.  
Indianapolis, IN 46205

NAME OF TEAM \_\_\_\_\_ CODE \_\_\_\_\_

Indiana Swimming Surcharge + IUPUI Natatorium Surcharge (\$5 + \$1.50)

Boys:	_____	X	\$ 6.50	=	_____
Girls:	_____	X	\$ 6.50	=	_____
Number of boy's individual entries:	_____	X	\$ 7.00	=	_____
Number of girl's individual entries:	_____	X	\$ 7.00	=	_____
Number of Relay entries:	_____	X	\$ 8.00	=	_____

**TOTAL AMOUNT ENCLOSED:** \_\_\_\_\_

Team Official Submitting Entry: \_\_\_\_\_

Name: \_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_

Team Official E-mail: \_\_\_\_\_

**Contact Information for Coaches Attending Meet:**

Age Group Coach: \_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_

Age Group Coach: \_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_

10 & Under Coach: \_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_

**RELEASE AND HOLD HARMLESS AGREEMENT**

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for himself, his successors and assignees, hereby releases and forever discharges the host team and Indiana Swimming, and its Board of Directors, USA Swimming, facility and each of their respective officers, agents, employees, members, successors, and any other persons in any way connected with this meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further, the undersigned shall indemnify and hold harmless the host team and Indiana Swimming, USA Swimming, said facility and the officers, trustees, agents, employees, and members of the foregoing and all other persons in any way and claims arising out of or in connection with any injury, including death, or alleged injury of damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

**Signature of Team Official/Coach** \_\_\_\_\_ **Date** \_\_\_\_\_

\*Person who signs above is responsible for any fines imposed on the team for each missed cut not proven.

\*You may have one designated spokesperson for your team to talk to the referee or Clerk-of-Course. The coach would be the logical person. Please list the name of your spokesperson: \_\_\_\_\_

Did you include?

	Entries in Writing (only if applicable)		Relay Entry Forms (only if applicable)
	Check for entries and surcharges		This completed form
	I have read the scratch rules and USA Swimming National scratch rule, 207.11.6, and understand all of them.		